

# Eating disorders! Part 1

## 1. Read »

It is the International Week of Eating Disorders at Kennedy School. The school has created a webpage to inform students about the activities. Read the webpage and answer questions a-d.

- There's a health fair at the school. When is it? *From 2<sup>nd</sup> to 9<sup>th</sup> June.*
- Where can you find information about being overweight in Colombia?
- Where can you find information about the symptoms of anorexia?
- How can you contact a health specialist?

Kennedy School International Week of Eating Disorders

### HEALTH NEWS

Health Ministry reports half the population of Colombia is overweight.  
Do you often have headaches? Do you feel low in energy? Are you worried about obesity?  
Get a health check! Read more: [Colombianews.com](http://Colombianews.com)

### Doctor speaking!

What is an eating disorder? Talk to the health specialist!  
Telephone: 364-555-896

### HEALTH CHECKLISTS

Not sure if your friend has an eating disorder? Use these checklists to find out.  
*Helping you prevent: Anorexia, Bulimia, Binge-eating*

### Join us! Show you care!

Health Fair 2<sup>nd</sup>-9<sup>th</sup> June  
Special events! Healthy recipes! Active life workshops!  
Talks, competitions, concerts ... and more!

### EATING DISORDERS - REAL STORIES!

Read Claudia and Nicolás's stories about recovering from eating disorders.

### The Digital Storytelling Project

Share your personal stories to work out problems together.



## 2. Match the photos (a-e) with the phrases (1- 5)



1. *eats too little* - 2. *eats in secret* - 3. *worries too much about their weight*  
4. *can't control their eating* - 5. *vomits after eating*