

Act of kindness

Please write a **true** for statement below

Acts of Kindness Checklist

Friend's name: _____

- | | |
|--|--------------------------|
| 1. Smiles at a person from another class | ☐ |
| 2. Praises a person for any good deed | ☐ |
| 3. Helps a teacher | ☐ |
| 4. Holds a door open for classmate | ☐ |
| 5. Says hello to someone | ☐ |
| 6. Picks up rubbish in the school compound | ☐ |
| 7. Cleans the classroom | ☐ |
| 8. Shares food with a friend | ☐ |
| 9. Gives a present to someone | ☐ |
| 10. Lets someone else go first in line | ☐ |
| 11. Says 'Good morning' to classmates | ☐ |
| 12. Assists someone with their homework | ☐ |
| 13. Queues up to buy food | ☐ |
| 14. Talks to someone new at school | ☐ |
| 15. Cheers up a sad friend | ☐ |