

Reading Exercise

Breakfast in Ecuador

Sometimes, we just have time for a quick breakfast with coffee or milk and bread. But, during the **weekend**, when the family has more time, the different regions in Ecuador have a delicious variety of **meals**. In the Highland Region, it is typical to prepare *mote pillo* or *tamales* and *humitas*. In the Coastal Region, people prepare a delicious *encebollado*, *ceviche* or even *bolones* and *empanadas de verde* filled with *chicharrón* or cheese with a cup of coffee. In each city or town, there are a lot of **bakeries** where people buy bread. Breakfast is served with fruit like papaya, pineapple, *babaco*, *chirimoya*, *granadilla* and beverages, like *colada de avena* (quaker), *horchata* or just juice made from these fruits.

Adapted from: <https://bit.ly/3JwX9ms>



Read the text and write True (T) or False(F)

- ✓ On weekends the Ecuadorian families have more time to prepare delicious meals. _____
- ✓ In the Highland Region the people prepare ceviche for breakfast.

- ✓ The humitas and mote pillo are typical foods of the Highland Region.

- ✓ In the bakeries, the people can buy vegetables. _____
- ✓ In the Coast Region, people prepare empanadas de verde for breakfast.
