

**A** Complete the conversations with the present perfect or the present perfect continuous of the verbs given. Sometimes both forms are correct. Add *for*, *since*, or *in*.

1. A Have you been working (work) a lot recently?  
I haven't seen you in ages.
2. A Well, I take a weight training class at the gym in May.  
B Actually, yeah. I not take one day off in weeks. So yeah, I not go out in ages. How about you? What do you do?
3. A Well, I take a weight training class at the gym in May.  
B Not really. I fill out college applications in the last month.  
A Yeah? How many colleges do you apply to?  
B Well, I send three applications, but I not hear anything.
4. A Well, I take a weight training class at the gym in May.  
B Actually, yeah. We go to a few clubs lately. We have fun.  
A Wow. That's a long time. So, how long do you come to this class?  
B Since April.

The present perfect is about 10 times more frequent than the present perfect continuous.

 present perfect  
 present perfect continuous