

H.E. REVIEW (Day 1)

Multiple Choice. Select your answer.

1. It lies on the back of the upper arms between the shoulders and elbows.

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|--------------|-------------|
| a. Esophagus | c. Skeleton |
| b. Triceps | d. Arms |

2. Which of the following is fixed joints.

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| a. Shoulder joint | c. Sutures |
| b. Spinal joints | d. Fully movable joints |

3. It grows for 9-10 months inside the mother's womb.

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| a. Childhood | c. Babies |
| b. Infancy | d. Fetus |

4. This family type consists of two parents and children?

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| a. Nuclear family | c. Extended family |
| b. Community | d. Step family |

5. It is the period between the ages of twelve and twenty years

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| a. School Age | c. Teens |
| b. Childhood | d. Adulthood |

6. This lies on the front of the upper arms between the shoulders and elbows.

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| a. Biceps | c. Esophagus |
| b. Muscles | d. Bones |

7. How many bones consist of a full-grown adult ?

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| a. 300 | c. 208 |
| b. 206 | d. 209 |

8. These muscles work automatically without conscious control.

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| a. Skeletal muscle | c. Smooth muscle |
| b. Cardiac muscle | d. Bones and joint |

9. They are the most numerous muscles in the body.

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| a. Tendons | c. Cardiac muscles |
| b. Ligaments | d. Skeletal muscle |

10. How many axial bones does our main body have?

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| a. 80 | c. 89 |
| b. 85 | d. 90 |