

I.Fill in the blanks.

1. We should wash our hands _____ playing out (before / after).

2. Intestinal worms cause _____ (anaemia / cold).

3. Eating _____ is good for health (fruits / packed snacks).

4. _____ improves our brain functions (eating junk food/ doing exercise

5. If someone's touch hurts you, then it is a _____ (good touch / bad touch)

II. Say 'TRUE' or 'FALSE'.

1. Use soap to wash your hands true false

2. Open defecation causes cholera. **True** **false**

3. Bathing reduces blood circulation. **True** **false**

4. Show pity on physically challenged people. **True** **false**

5. Always use ear buds to clean your ears.

True

false

