

### How can we turn negative to positive?

Children your age are exposed to - and produce - a wide range of content, which can include lots of negative messages that promote bad behaviour.

Have you (or anyone you know) ever experienced a random act of kindness online?
How did it make you feel?
Have you (or anyone you know) seen someone be negative on the internet?
How did that make you feel?
What simple actions can we take to turn negative interactions into positive ones?

Whether standing up for others, reporting something hurtful or ignoring something to stop it from being made even worse, you have a variety of strategies to choose from, depending on the situation. Everyone is responsible for creating a positive online experience.

### Turning negative into positive

Write something positive that you could say instead of the negative statement

'Lol Connor is the only one in class not going on the camping trip this weekend.'
Everybody wear purple tomorrow but don't tell Yasmin.
Sorry I don't think you can come to my party. It'll cost too much money.'
'No offence but your handwriting is embarrassing so you should probably switch groups for this project.'
'This makes me cringe — who told Aisha she can sing??
'You can only join our group if you give me the login to your account.
'Am I the only one who thinks Clare looks kinda like a Smurf?
