

## READ THE TEXTS AND CHOOSE THE MOST SUITABLE ADVICE FOR EACH TEXT.

- 1- **Hi! I'm Maria. I usually spend my day using gadgets, doing homework for school and helping my little brother with his homework. I need a break and I don't know what to do.**
- 2- **Hello! I'm Dr. David. During this pandemic I see many people having eye strain or headache because they use gadgets during the day. That's not good for you.**
- 3- **I'm Maria's mother. I always tell her it is important to check on her friends and family. I know it's hard not to see them as much as they want but they need to understand this situation.**

YOU SHOULDN'T OVERUSE GADGETS.

YOU SHOULD STAY SOCIAL.

YOU SHOULD MAKE TIME TO UNWIND.

YOU OUGHT TO SEE A DOCTOR.