

UNIT 1

1) Present Simple or Present Continuous? Underline the correct words in *italics*.

- 1- What *do you do/are you doing* at the moment?
- 2- I *don't know/am not knowing* the answer to your question.
- 3- Dad *reads/is reading* a magazine so don't talk to him.
- 4- I *go/am going* for a swim every time I'm stressed.
- 5- How often *do you go/are you going* to the cinema?
- 6- We *enjoy/are enjoying* our holiday because Italy is a beautiful country.

2) Verb-noun phrases about daily routine. Complete the sentences with a suitable verb.

- 1- Hans _____ the train at 7:30 every morning.
- 2- I usually _____ to the radio when I'm driving to work.
- 3- Chris _____ television every day.
- 4- Teenagers often _____ shopping at the weekends.
- 5- I always _____ a lie-in on Sundays.
- 6- We hardly ever _____ for a walk together.

3) Going out. Complete the words.

- 0- Jana often goes to the *cinema* because she loves films.
- 1- I never go **c** _____ because I don't like dancing or loud music.
- 2- We go to **m** _____ because we love the theatre and singing.
- 3- In the winter a lot of people go **i** __ **s** _____ on the river near our house.
- 4- I go to every **e** _____ at the National Gallery because I love paintings.
- 5- When we visit other cities we usually go on a guided **t** ___ so we can learn about the history and culture of the place.

4) Describing your day and lifestyle. Complete the sentences with the adjectives from the box. There are two extra words.

Boring busy exciting fun lazy relaxing stressful unusual
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- 1- Tom is always so _____. He never has time to relax.
- 2- My life is quite _____ because I do the same thing every day.
- 3- Dan's job is very _____ because he's a doctor so he works long hours and doesn't sleep much.
- 4- Mark is so _____. He doesn't do anything.
- 5- I have an _____ job because every day is different.
- 6- My weekends are usually very _____ because I have a lie-in and then I read the newspapers and watch television. Perfect!

UNIT 1

5) Read the email. Are the statements true (T), false (F) or not given (NG)?

Hi Luke,

How are you? How's the new house? Are you enjoying the nightlife in Buenos Aires?

I started my new job last month so I now have a good routine. I'm enjoying the work, but it's hard because I get up early every day (you know how I like to stay in bed late!). I try and go for a swim most days before work because there's a gym and swimming pool in the building. It's relaxing and I feel very good after the exercise. I'm in the office at 8:30 and first of all I check my emails. You can't imagine how many emails I get every day! Because we're an international company with offices all over the world, we get a lot of emails during the night as well, so we're always busy. There's no time to sit and do nothing! I've got some really nice colleagues and we usually go for lunch together on Fridays. On the other days, I go shopping or I go for a walk when the sun's shining and sometimes I stay at my desk and have a quick sandwich – not very healthy I know.

I don't know many people here, so I like going out at the weekends. Of course I have a lie-in on Saturday and Sunday and if there's an interesting exhibition on, I go to that. I want to join some local clubs as well, maybe hiking or tennis.

I'm having a lazy day today because I'm really tired and it's raining. I stayed in bed until 11 o'clock and now I'm sitting at the computer and writing emails to friends. I'm staying with my cousin at the moment, but I really want my own apartment. It's quite stressful because everything is so expensive here, but I'm looking. My cousin is very kind, but she enjoys doing different things and her lifestyle is quite different from mine.

This evening we're going to a concert together. I'm not sure who is playing, but I think it's a classical concert.

When I have my new apartment, you must come down and stay with me! Write soon and give me your news.

Josh

Josh is living in Buenos Aires. NG

- 1- He doesn't like getting up early. _____
- 2- He answers emails during the night. _____
- 3- He doesn't have many friends where he lives. _____
- 4- He's looking for somewhere to live. _____
- 5- He doesn't like classical music. _____