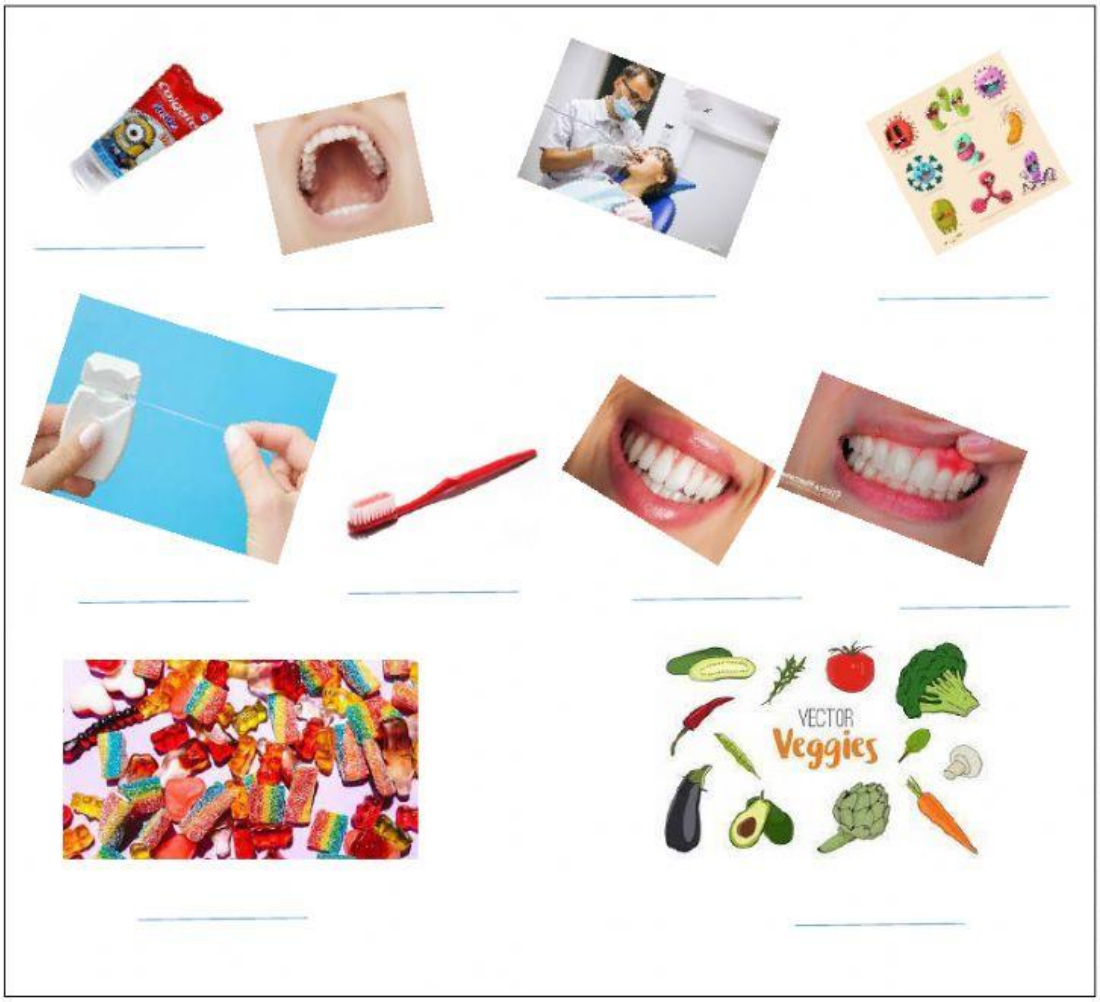
Name _____ Date_____

How to brush your teeth?

1. **What`s the word**
   Write the word under the picture.

toothbrush	floss	mouth	toothpaste	gums
dentist	sweets	germs	veggies	Front teeth



LIVEWORKSHEETS

2. FILL IT!

watch the video and write the missing word.

floss	gently	germs	plaque	holes	sugary	swallow	teeth

a) We brush to remove _____and stay clean.
b) Move the brush back and forth _____ in short strokes.
c) Don't _____the toothpaste.
d) These_____ can hurt teeth by making little _____ called cavities.
e) When you ____break off about 18 inches on floss.
f) Stay away from_____, soda and sweets.
g) Guide the floss between your_____ using a gentle rubbing motion.

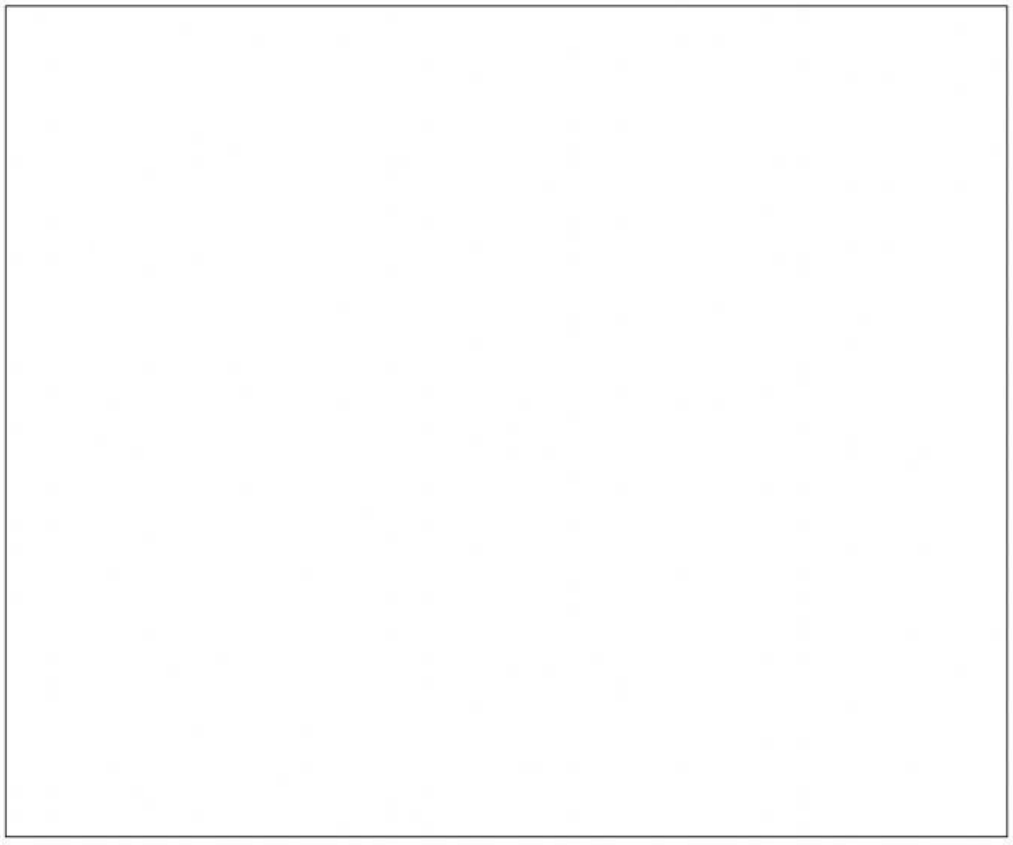
3. What`s the order

watch the video and put the sentences in the correct order.

	Put a little dot (about the size of a peas) of fluoride toothpaste on your brush.
	Eating healthy foods for breakfast, lunch and dinner is the best way to keep your teeth and whole body in good shape.
	Gently rub the side of tooth, moving the floss away from the gum with an upward motion.
	Plaque is yucky stuff can stick to teeth.
	Flossing can help to remove food and plaques

LIVEWORKSHEETS

4. **Write and draw.**
Write about your toot- brush routine and draw a picture.



LIVEWORKSHEETS