

LAS LAJAS ELEMENTARY SCHOOL

Healthy Habits: Personal Hygiene

SUMMATIVE TEST

ACTIVITY #1. CHOOSE THE CORRECT ANSWER. Elegir la respuesta correcta.



ACTIVITY #2. COMPLETE THE BOX WITH THE CORRECT SENTENCE.

Completa los cuadros con las oraciones correctas.



HEALTHY HABITS FOR KIDS. Fill in the blanks. Llenar los espacios en blanco.

1. Drink or eat at least _____ low fat dairy foods a day.
2. Spend at least _____ hour a day being physically active.
3. Snack on _____ foods, and less junk food and sweets.
4. Eat less _____ fast food and make _____ fast food choices.
5. Spend less than _____ hours a day watching TV.