

Questions 1–5

Complete the summary using the list of words and phrases, A–J, below.

Treating a phobia using VRET

Sara Considine's programme of treatments lasted for 1 months. At first, the sessions did not move very 2 , as she just 3 the virtual spider through her headset. It only took two sessions for her to stop being 4 the spiders in her dreams. After a while, she could hold the virtual spider in her virtual hand, and the next stage involved making physical 5 with a toy spider.

A afraid of

F quickly

B amused by

G slowly

C contact

H touch

D held

I three

E observed

J twelve