



4- Researching. Home economics----> What - is - that?

Do you know how much do your parents spend in food a month?

Is your favorite food expensive \$\$\$\$ or cheap \$?

How often do you ask for special treats in the supermarket? Think examples.

OK... let's be social researchers and find out!!!

4a) Check your fridge and cupboard. Write a shopping list.
Put at least two items in each category.



4b- Copy the lists in your copybook.



4c) Then, go shopping with your parents. Write the price for each item. Ask your parents (in Spanish) How many times a month do you buy it?

4d) In your copybook. Calculate your food monthly budget:

The total amount you can spend on something is called budget. Budget in Spanish is *presupuesto*.

For example: 1 carton of milk: 80\$, they buy 5 cartons a month = 5 times 80\$= 400\$

4e) Answer the questions.

- a) How much do you spend in diaries in a month?
- b) How much do you spend in meat in a month?
- c) How much do you spend in your favorite treats in a month?
- d) How much do you spend in vegetables in a month?
- e) How much do you spend in beverages in a month?
- f) How much do you spend in grains and bread in a month?
- g) What is your food budget?

A BRIEF HISTORY OF MY CULINARY EXPERIENCE



4f) Complete the text with the correct word.

4g) Copy the text to your copybook. Don't copy the words in brackets. These: () are brackets.

Hi, this is my research about our family food budget. I am a _____ and I live in _____. The food here is _____ and it is _____. There _____ local farms.

I _____ grow my own vegetables.

We eat a lot of _____ **(food groups)** but we don't usually eat _____ **(food groups)**. My favorite meals are _____ **(meal 1)** and _____ **(meal 2)**.
_____ **(Meal 1)** is _____
_____. **(meal 2)** is _____

I am very and _____ **(benefits from the chart on page 22 SB)**.

I have to eat more _____ **(healthy food you hardly ever eat)**.

What about you?