

Reading- gold b1+u1

You are going to read an article about four young people spend Saturday morning. For questions 1–10, choose from the people A–D. The people may be chosen more than once.

Which person/people:

1 thinks it is necessary to get some exercise on Saturday mornings?

2 would prefer not to get up early on Saturday mornings?

3 doesn't have the same free time as some of their friends?

4 always looks forward to Saturday mornings?

5 does an activity because of someone's advice?

6 doesn't get paid for the work they do on a Saturday morning?

7 enjoys being outside when it's quiet?

8 practises sports during the week?

9 was unhappy about starting their activity at first?

10 thinks they will benefit from their activity in the future?

The weekend starts here ...

Four teenagers tell us how they spend their Saturday mornings.

A Stuart

Unfortunately, I can't just do what I want because I have to go to school. It's not usual for children to have school on Saturdays, but mine does things differently. Tuesday and Thursday afternoons are free so we can play sports, but there are classes on Saturdays instead. We have four and a half hours of lessons and this year we've got History, Science and Maths. The classes are all right and the teachers make an effort to make them interesting. The problem is that we're all exhausted by Saturday and it's really hard to pay attention in class. All of us have got friends who go to 'normal' schools and we know that they're out having fun. If I had the choice, I would have extra classes during the week instead. I'm sure we would get more work done that way.

B Nadia

I can never wait for Saturdays to arrive. After a whole week of sitting at my school desk, I have to get out and use up some energy. For me, Saturday morning is all about sports and having fun with my friends. I usually get up around seven thirty and go for a jog around the park. I know it's early, but I love that part of the day. It's so peaceful because most people are still in bed at that time. After that, I go home and have some breakfast. I don't stay there long though because I usually play football with my mates. We play in a local league and we have matches most Saturdays. We don't take it too seriously, but we enjoy having a good run around and chasing after the ball. By lunchtime, I'm usually exhausted and I go home for a rest!

C Amelia

In general, I prefer to keep my Saturday mornings free. We're expected to work hard at school and we get a lot of homework. Therefore, it's important to relax at the weekend. My perfect Saturday would be staying in bed late and then playing computer games with my friends. However, I've been working as a volunteer on Saturdays for the last month so I don't have much free time. I'm helping out in an animal sanctuary where we rescue dogs and cats that haven't got a home. I have to do different jobs like cleaning the cages, feeding the animals and taking the dogs for walks. I must admit that I don't like getting up so early on Saturday. However, it's worth it because those poor animals need someone to care for them.

D Tom

I've been saving up for a holiday with my friends, but it hasn't been easy. My parents give me a little money every week, but I usually spend that in no time. When I asked my dad for more money, he encouraged me to earn the money instead. He said I could do little jobs for the neighbours on a Saturday morning. At the beginning, I was disappointed because I didn't want to lose my free time. Then I realised that if I didn't work, it would be impossible to save any money. Basically, I've started washing the neighbours' cars and cutting the grass in their gardens. It's not exactly hard work and it's not so bad really. I like talking to the neighbours and they pay me quite well. Although I've lost my Saturday mornings, at least I'll be able to go on holiday with my mates.