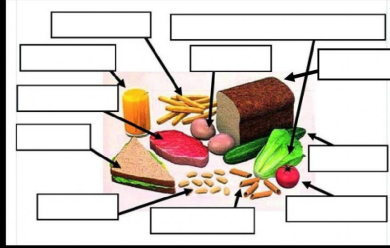


SONG • Delicious

I can understand a song about food and health.

Look at the picture. What different types of food you can see? Choose the correct words for the food.

pasta, juice, sandwich, meat, chips, beans, salad
vegetables, tomato, cucumber, bread



2 Listen to the song. Put the verses in the correct order.

Delicious

a I like cooking lunch,
But I'm sometimes very lazy.
Would you like a sandwich?
I can make something tasty.

b Do you prefer sitting on the sofa
Are playing video games?
I love running and swimming,
And I hope you like the same.

c First, I have some eggs,
I eat some every day.
Next I drink a lot of juice,
And after that I eat...

d We can go to a restaurant
And choose a healthy snack.
I'll have salad, you'll have pasta,
And then we can walk back.

e I'm usually fit and healthy:
I exercise a lot,
Then I enjoy my breakfast -
I like it when it's hot.

f I love eating pasta,
but I don't eat much meat.
What are the things
You usually eat?

Mom's delicious - what's your favourite?
Mom's delicious - what do you want to eat?
Tell me what you really like,
And you can have breakfast with me.

Mom's delicious - what's your favourite?
Mom's delicious - what do you want to eat?
Tell me what you really like,
And you can have lunch with me.

Mom's delicious - what's your favourite?
Mom's delicious - what do you want to eat?
Tell me what you really like,
And you can have dinner with me.

3 Listen to the song again. Which foods in exercise 1 are mentioned in the song?

eggs	meat
tomato	nasi lemak
juice	fried chicken
cucumber	sandwich
pasta	chicken rice
bread	snack
roti canai	coconut
salad	watermelon

4

Are the sentences about the singer **true** or **false**?
Correct the **false** sentences.

- 1 She's normally lazy and unhealthy.
- 2 She eats eggs every day.
- 3 She can cook.
- 4 She eats a lot of meat.
- 5 She doesn't like running and swimming.

5 Choose the correct words in the box for sentences 1-6.

tasty snack breakfast healthy
pasta juice

- 1 You drink this. It's fruity.
- 2 A kind of food, for example, spaghetti and lasagne
- 3 The first meal of the day
- 4 A word that means the same as *delicious*
- 5 Something small to eat between meals
- 6 Food that is good for you is ...



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USE IT! Work in pairs. Ask and answer the questions. Please access Google Form questionnaire at bit.ly/makansatay

- 1 Which meal do you prefer: breakfast, lunch or dinner? Why?
- 2 Do you prefer eating healthy or unhealthy food? Why?
- 3 What snacks do you usually eat?
- 4 What food is popular in your country?