

- i) Anaemia is caused due to the deficiency of –
a) Vitamin A b) Iron c) Calcium d) Vitamin C
- ii) We obtain instant energy from-
a) Sugar b) Proteins c) Vitamins d) Minerals
- iii) The carbohydrate gives blue colour with iodine solution is-
a) Sugar b) Starch c) Cellulose d) All of these

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- iv) Fat soluble vitamins are-
a) Vitamin B, C, E & A b) Vitamin A, D, B & C
c) Vitamin A, D, E, & K d) None of these
- v) Oxygen in the body is transported to the tissues by-
a) Haemoglobin b) Plasma c) Diffusion d) All of these