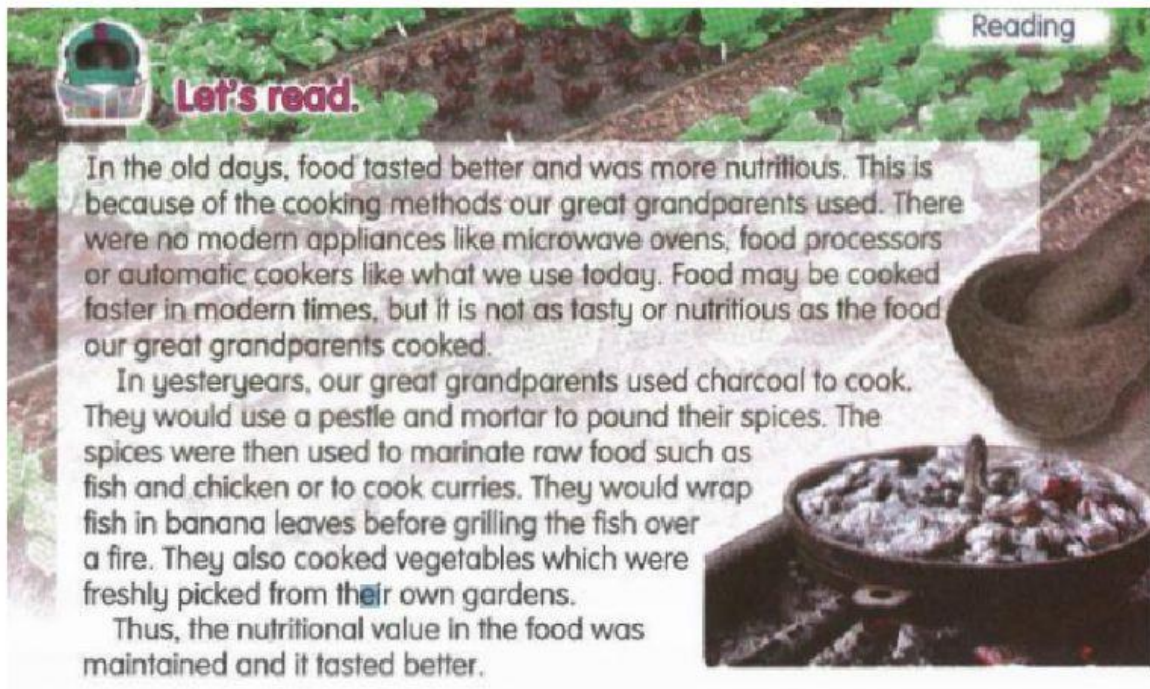


Name:

Read the passage below and choose the correct answer.

The background image shows a garden with rows of green leafy plants. In the foreground, there is a wooden mortar and pestle. The text is overlaid on the left side of the image.

Reading

Let's read.

In the old days, food tasted better and was more nutritious. This is because of the cooking methods our great grandparents used. There were no modern appliances like microwave ovens, food processors or automatic cookers like what we use today. Food may be cooked faster in modern times, but it is not as tasty or nutritious as the food our great grandparents cooked.

In yesteryears, our great grandparents used charcoal to cook. They would use a pestle and mortar to pound their spices. The spices were then used to marinate raw food such as fish and chicken or to cook curries. They would wrap fish in banana leaves before grilling the fish over a fire. They also cooked vegetables which were freshly picked from their own gardens.

Thus, the nutritional value in the food was maintained and it tasted better.

1. The passage is mainly about _____.

- A. great grandparents
- B. food
- C. spices

2. What is the purpose of pestle and mortar?

- A. grilling
- B. pounding
- C. cooking
- D. picking

3. What is the purpose of spices?

- A. grill
- B. wrap the fish
- C. marinate raw food
- D. cook

4. Choose the electrical appliances that did not exist in the old days? (You can choose more than one correct answer.)

- A. charcoal
- B. microwave oven
- C. food processor
- D. pestle and mortar

5. Why did food taste better in the old days?

- A. Because of the cooking method used.
- B. Because of the electrical appliances used.
- C. Because of the ingredients used.
- D. Because it was cooked by the great chefs.