

UNIT 8

GOOD LUCK, BAD LUCK



THINK ABOUT IT

Why do people do sports?

Vocabulary and Speaking

Sport and competitions

- 1 3.07 Check the meaning of the words in the box. Then listen and repeat. Which ones can be a person?

winner loser champion tournament supporter team
opponent captain race match goal stadium coach

OUR LUCKY YEAR!

It's been a fantastic year for sport at Swallow School.

SEPTEMBER

Jake Matthews scored a brilliant (1) ... in the football (2) ... against Healey School. Well done, Jake!

NOVEMBER

Iris Carter in Year 9 beat William Lee to become the local under-16s chess (3) ... Congratulations to you Iris!

JANUARY

The (4) ... of the girls' under-16 basketball (5) ... shakes hands with her (6) ... from Lindsey School. Swallow School won the game!

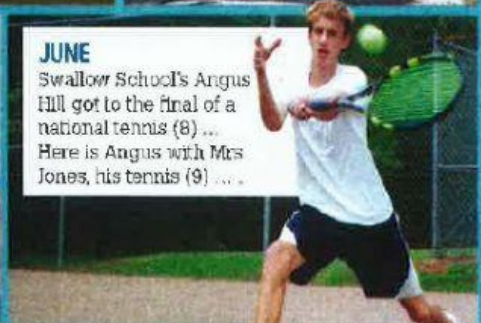


APRIL

Eight students from Swallow School took part in a (7) ... Between them they raised £650 for charity. A wonderful achievement!

JUNE

Swallow School's Angus Hill got to the final of a national tennis (8) ... Here is Angus with Mrs Jones, his tennis (9) ...



- 2 Read the picture diary. Complete it with words from exercise 1.

- 3 3.08 Listen and check your answers.

LOOK!

We use **play** + ball sports such as football, tennis or basketball.

Ben **plays** tennis on Saturday.

We use **do** + activities such as judo, archery or gymnastics.

Kate **does** judo at school.

We use **go** + **-ing** words such as swimming or running.

I **go** running in the park.



EXPRESS YOURSELF

- 4 Which sports do you do? Write four sentences.

I play tennis. I don't do gymnastics.

- 5 Work in pairs. Ask and answer questions about the sports you do. Use the prompts to help you.

Are you in a school team?

Yes, I am. I'm in the chess team.

- be in a school team
- be captain of a team
- take part in tournaments
- win a match or competition
- have a difficult game

Reading

An online magazine article

- 1 Who is the athlete in the picture?
What do you know about him?
- 2  3.09 Read and listen. The article mentions different kinds of athletes. Find them and write them in your notebook.

tennis player

- 3 Read the article again and choose the correct answers.

- 1 For Tiger Woods, it is sometimes important to play golf ...
a) on a particular day.
b) in a particular colour.
- 2 Michael Jordan always wore ...
a) two different pairs of shorts.
b) one long pair of shorts.
- 3 In the past, athletes ...
a) weren't superstitious.
b) were as superstitious as athletes today.
- 4 The writer of the article ...
a) isn't superstitious about anything.
b) is a bit superstitious.
- 5 People sometimes repeat the same behaviour because ...
a) they are scared of changing it.
b) they want to be like athletes.
- 6 The word *them* in blue refers to ...
a) footballers.
b) athletes.

- 4 Are you superstitious? Have you got any particular habits you have to do when you do sport? What do you do?

FINISHED?

How many famous tennis players and golfers from your country do you know?

WEB QUEST

Choose a famous athlete to find out about.

- 1 Write three things you want to know about him or her.
- 2 Work in pairs. Swap your questions and find the answers to your partner's questions.
- 3 Share your information with your partner and then with the rest of the class.

Web Quest tip!

Use a variety of search engines to look for information, not just one.

SUPERSTITION and SPORT

Many sportspeople are superstitious. Did you know that tennis player, Rafa Nadal always takes two identical bottles of water with him to a tennis match? He puts them next to the court before he plays. Golfer, Tiger Woods always wears red on the last day of a golf tournament. And what about the famous basketball player Michael Jordan? He always wore his old college basketball shorts under his team shorts for luck, so the team shorts on top had to be very long!

Superstitions like these have been part of sport since it began. The superstitions don't make much sense, but many sports champions believe they bring them luck and help them succeed in competitions.

When it comes to superstition, athletes aren't the only ones, of course. Many of us have our own little habits. Personally, I always have to drink my coffee from the same cup, which drives my family crazy!

According to psychologists, following the same routine makes people feel safe. When we do something and everything goes OK, it seems like a good idea to

do it the same way next time – we don't want to behave differently in case things go wrong! Another possible explanation for the athletes' behaviour is that following the same routine helps them relax before a game. Some of **them** go too far, however. There are stories of footballers who have worn the same pair of socks for many weeks because they thought they were lucky! Yuck!



Word check

superstition identical habit drive someone crazy behaviour routine

DID YOU KNOW?

During a tournament, Croatian tennis star Goran Ivanisevic ate the same meal at the same restaurant every night for two weeks!

Unit 8 - Good Luck, Bad Luck

Vocabulary and Speaking : Exercise No. 2

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

Reading (Exercise 1)

Who is the athlete in the picture? _____

What do you know about him? *(Your own answer)*

Listening (Exercise 2)

- _____
- _____
- _____
- _____

Comprehension (Exercise 3)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____