

Grammar Exercise 1 : Quantifiers

Choose the correct quantifiers.

1. We must drink

| | |
|----------|-------|
| a lot of | a few |
|----------|-------|

 water.
2. Food with

| | |
|----------|------|
| a lot of | some |
|----------|------|

 fat is good for our body.
3.

| | |
|-------|------|
| A few | Many |
|-------|------|

 types of vitamins could be found in vegetables.
4. Food with dairy contains

| | |
|-----|----------|
| any | a lot of |
|-----|----------|

 fat.
5. We should not take too

| | |
|------|------|
| much | many |
|------|------|

 salt in our food.