

## 1. TRUE / FALSE

|   |   |   |
|---|---|---|
| a. People have thought middle age starts at 50 for the past 1,000 years   | T | F |
| b. A new study on middle age is from an institute in Australia.           | T | F |
| c. Researchers say middle age could start later than 65.                  | T | F |
| d. Life expectancies have been decreasing for decades.                    | T | F |
| e. Researchers carried out their study on middle aged people worldwide.   | T | F |
| f. Britain's health service cautioned against believing all of the study. | T | F |
| g. It is unclear whether researchers included obesity in their study.     | T | F |
| h. The health service suggested people exercise.                          | T | F |

## 2. SYNONYM MATCH

|              |               |
|--------------|---------------|
| 1. believed  | a. global     |
| 2. starts    | b. looked at  |
| 3. reason    | c. decrease   |
| 4. increase  | d. nations    |
| 5. viewed    | e. go up      |
| 6. worldwide | f. because of |
| 7. countries | g. thought    |
| 8. reduce    | h. cure       |
| 9. treat     | i. cause      |
| 10. due to   | j. begins     |

## Glossary:

diabetes – cukrzyca

obesity – otyłość

life expectancy – średnia długość życia