READING PRACTICE

Read the text. Choose the correct answer

How people live

As part of our weekly series, we asked Lila Rivera and Tim Greenwood to tell us about their lives.

Lila is a hardworking teacher in Miami. She gets up at six thirty every morning and has breakfast. Then she makes sandwiches to take for lunch and gets ready for work. Lila usually walks to work because she thinks it's important to exercise every day. She sometimes walks home in the evening, but she usually takes the bus. Lila has dinner at seven o'clock and goes to bed early. She doesn't go out during the week, but she often goes out with friends on the weekend. Lila eats five portions of fruit and vegetables every day and fish twice a week. She eats meat sometimes, but she doesn't smoke. For more exercise, Lila goes to the gym three times a week. She's very healthy and is hardly ever sick.

Tim lives by the ocean in Palm Beach. He's a journalist for a local newspaper. He usually gets up at eight o'clock, takes a quick shower, and then he drives to work. Tim doesn't have time for breakfast, but he sometimes has a sandwich in the middle of the morning. At lunchtime, he usually has a burger. He buys it from the fast-food restaurant across the street and eats at his desk. Tim works long hours and often stays late in the evening. On those days, he goes to a restaurant with people from work. They usually have a big dinner. Tim doesn't eat fruit, and he doesn't like vegetables. He plays football once a month, but he isn't very healthy.

1 Lila has breakfast _____.
A on the bus ☐ B at school ☐ C at home ☐

2 Lila _____ to work.
A runs ☐ B walks ☐ C rides a bike ☐

3 Lila _____ goes home by bus.
A always ☐ B never ☐ C usually ☐

4 Lila sometimes _____.
A goes out during the week ☐ B eats meat ☐
C smokes ☐

5 Tim goes to work _____.
A by car ☐ B by bus ☐ C by train ☐

6 Tim often has lunch _____.
A in his office ☐ B at home ☐
C in a fast-food restaurant ☐

7 Tim often eats with _____.
A his parents ☐ B journalists ☐ C students ☐

8 Tim _____ exercises.
A often ☐ B hardly ever ☐ C never ☐

LIVEWORKSHEETS