

Grammar 2

PAST SIMPLE AND PAST CONTINUOUS

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Introduction:

Write the -ing form of the verbs:

- a) Hit
- b) Say
- c) Lie
- d) Sit
- e) Put
- f) Come
- g) Hope
- h) Run
- i) Die
- j) Have

→ Hitting

→
→
→
→
→
→
→
→
→
→



Question 1

Look at the table. Then copy and complete the rules with **when** and **while**.

Past continuous and past simple

I was sitting on my bed **when** I heard a noise.

I heard a noise **while** I was sitting on my bed.

Past simple

Past continuous

a) We usually use the past simple after

b) We usually use the past continuous after



Question 2

Make sentences about Jay's family using the past simple and past continuous.

Question : His mum / cook / when / she / hear a shout.

Answer : His mum was cooking when she heard a shout.



1. His brother / eat / when / the lights / go out

Answer: His brother when the lights out.

2. His dad / walk down the street / when / the ground / move

Answer: His dad down the street
when the ground



Past Continuous Tense

subject	was/were	verb + ing
I He She It	was	singing playing reading going writing
You We They	were	

LIVEWORKSHEETS

Past Continuous Tense

subject	was/were	verb + ing
I He She It	was	singing playing reading going writing
You We They	were	



3. Jay's sister / talk to her friends / when / somebody / shout 'Earthquake!'.

Answer: Jay's sister to her friends when somebody 'Earthquake!'.



4. His grandparents / watch tv / when / everything / fall off the shelves.

Answer: His grandparents tv when everything
..... off the shelves.



Question 3

Copy and complete the email with the correct form of the verbs in brackets.

Remember!

After while → Past Continuous
(verb + ing)

After when → Past Simple

✉ Send ✉ Reply

Hi Ingrid!

We're having lots of adventures on our holiday. While we (1) ... (stay) at a campsite near a river, we (2) ... (have) a terrible experience. There (3) ... (be) a flood while we (4) ... (sleep). When we (5) ... (wake up), we (6) ... (be) wet.

Hope you're having a good summer!

Jack

1.

2.

3.

4.

5.

6.

 **LIVEWORKSHEETS**



Question 5 – Famous Disasters

Read the text and choose the correct words. Then answer the questions.



1

Dinosaurs (1) **lived / were living** on Earth when they suddenly (2) **disappeared / were disappearing**. Many scientists believe that a natural disaster killed them. How many years ago did it happen?

- a) 5 million b) 15 million c) 65 million

2

In the year 79 AD there was a terrible volcanic eruption near an Italian city. Many people were trying to escape (3) **while / when** they died. Where was it?

- a) Rome b) Pompeii c) Venice



3

In September of this year, London (4) **was / were** burning! The fire started by accident and it (5) **quick / quickly** destroyed large area of the city. What was the year?

- a) 1444 b) 1555 c) 1666



4

On 1st November 1755, a terrible disaster destroyed the beautiful city of Lisbon in Portugal. However, the people **(6) were rebuilding / rebuilt** their city and made it beautiful again. What was the disaster?

- a) an earthquake b) a tornado c) a flood



5

On 15th April 1912, a ship was crossing the Atlantic Ocean to the USA when it **(7) sudden / suddenly** hit an iceberg. The ship sank. What was the ship name?

- a) The Golden Hind b) The Titanic
c) The Santa Maria

