

## GRAMMAR 2

### *too and enough*

| <i>too much / too many</i> |      |            |             |            | <i>enough</i> |       |     |               |             |
|----------------------------|------|------------|-------------|------------|---------------|-------|-----|---------------|-------------|
| I                          | eat  | <b>too</b> | <b>much</b> | junk food. | I             | don't | eat | <b>enough</b> | vegetables. |
| I                          | work | <b>too</b> | <b>many</b> | hours.     | I             |       | get | <b>enough</b> | exercise.   |

### 1 Read. Write *too* or *enough*.

1. Don't stay up \_\_\_\_\_ late!
2. I play soccer every day.  
I get \_\_\_\_\_ exercise.
3. Don't watch \_\_\_\_\_ much TV!
4. I drink \_\_\_\_\_ much soda.



### 2 Read and write. Answer the questions. Check ✓ Yes or No.

|                                            | Yes | No |
|--------------------------------------------|-----|----|
| 1. Do you eat too much junk food?          |     |    |
| 2. Do you get enough sleep at night?       |     |    |
| 3. Do you play too many video games?       |     |    |
| 4. Do you drink enough water every day?    |     |    |
| 5. Do you eat enough fruit every day?      |     |    |
| 6. Do you eat enough vegetables every day? |     |    |

- 3 Complete the poster for a healthy life. Write *enough*, *too much*, or *too many*.



Eat \_\_\_\_\_ fresh fruit.

Don't eat \_\_\_\_\_ junk food.

Drink \_\_\_\_\_ water.

Don't drink \_\_\_\_\_ soda.

Don't watch \_\_\_\_\_ TV shows.

Do \_\_\_\_\_ exercise.

- 4 Write about you. Use *enough*, *too much*, or *too many* in your sentences.

I \_\_\_\_\_ soda.

I \_\_\_\_\_ water.

I \_\_\_\_\_ fruit.

I \_\_\_\_\_ potato chips.

I \_\_\_\_\_ TV.

- 5 Write. Your friend wants to get fit. Write sentences to help. Use the words in the box.

enough    it's (very) important    too many    too much

It's important to eat enough vegetables.

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