

Hybrid Sports

Are you bored with playing the same sports all the time? Try **hybrid** sports! Hybrid sports are games with rules from two or more different sports and activities.

Football Tennis

This sport is popular in the countries of the Czech Republic and Slovakia, where it started in the 1920s. You need two teams of two players and a net. One team kicks the ball over the net and the other team kicks or heads it back—you can't use your hands.

Chess Boxing

There are chess boxing competitions and clubs in China, India, Iran, Italy, Russia, Germany, Mexico, Turkey, and the United States. Chess boxers have to be strong and intelligent. There are 11 rounds of 3 minutes. You have to play chess for 6 of the rounds and box for 5.

Juggling

You can go running, biking, swimming... and now you can go juggling! You have to run and juggle three or more objects at the same time—you can't drop the objects! At the World Juggling Championships every year, there are races of 100 meters, 400 meters, and 800 meters, with 3, 5, or 7 objects.

If you are interested in more hybrid sports, you can also try bossaball (volleyball, soccer, and gymnastics), disc golf (Frisbee and golf) and headis (table tennis and soccer). Or why not make a new one!

hybrid a mixture of two or more things

 Read the article. Circle T for *true* or F for *false*.

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|--|---|---|
| 1. Football tennis is popular in two countries. | T | F |
| 2. You can use your hands in football tennis. | T | F |
| 3. You can watch chess boxing in different countries. | T | F |
| 4. In chess boxing, you play chess for 11 rounds. | T | F |
| 5. You have to cycle and juggle in joggling. | T | F |
| 6. At the World Joggling Championships, there are different races. | T | F |

 Match these words from the article to the definitions.

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| 1. competition <u> c </u> | a. a person who plays sports |
| 2. race <u> </u> | b. opposite of <i>weak</i> |
| 3. team <u> </u> | c. an activity between people with a winner |
| 4. player <u> </u> | d. a competition between runners over a distance |
| 5. net <u> </u> | e. the thing between players in tennis |
| 6. strong <u> </u> | f. a group of players |

 Answer these questions .

1. What is the most popular sport in your country?
2. Do you have a favorite athlete or team?
3. Do you ever play sports in competitions?