

Vocabulary

Task 1

Answer the questions with these words.

cake	cereal	chips	omelette	pasta	salad	sandwich	soup	steak
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Which food ...

- 1 is made from potatoes?
- 2 is mostly made from eggs?
- 3 is two pieces of bread with something in the middle?
- 4 do people drink or eat with a spoon?
- 5 do people often have on their birthday?
- 6 is sometimes lettuce, tomato and cucumber?
- 7 can be, for example, spaghetti or macaroni?
- 8 is a large piece of meat?
- 9 do people sometimes have with milk at breakfast?

Task 2

Choose the correct words to complete the text.

Let's (1) **have** / **go** breakfast now – coffee, toast and some (2) **fried** / **fresh** fruit - and then (3) **go** / **come** for a walk. I think I need some fresh (4) **time** / **air**. And we both need to (5) **make** / **get** some exercise. But I also need to (6) **find** / **do** time to relax.

Task 3

Put the capital letters in the correct order to make a word to complete the sentences.

1. If you have you should go to the dentist. A E T T C O H H O
2. My dad very good cakes. S B E A K
3. The boy has eaten so much ice cream that he is now feeling I K S C
4. Try not to have between meals. S S A K C N
5. Fried food isn't very Y A L E H Y H
6. It's nice to cook a in the garden. E B U A R C B E
7. You feel very warm – have you got a ? R U M P T E E R E A U
8. Green are very good for you. S E T B V L A G E E
9. You need to the egg for around three minutes. L I O B
10. Would you like a with your cup of tea? I T S U B C I

Task 4

Fill in the blanks with the missing words from the Frome. BE CAREFUL – there are TWO extra words!

dish sour medicine roast meal chef care tiny flavours bitter dishes

1. Look at the baby's _____ fingers. Aren't they cute?
2. I don't _____ how much it costs, just buy it.
3. This yogurt comes in ten different _____ – vanilla, strawberry or banana.
4. This _____ leaves a _____ taste in the mouth. It is disgusting !
5. The dirty breakfast _____ were still in the sink when we got home.
6. What time would you like your evening _____ ?
7. Goulash is a meat _____ .
8. Milk becomes _____ in hot weather so it is better to keep it in the fridge.

Grammar

Task 1

Complete the **first conditional** sentences with the correct form of the word in brackets.

1. Claremore swimming competitions if she practises more. (win)
2. They'll buy something to eat if theyhungry. (get)
3. Ito school tomorrow if my cold gets worse. (not go)
4. If my parentsme a new phone for my birthday, I'll be very surprised. (give)
5. If I invite you to my party, ? (you / come)
6. We won't play tennis tonight if you.....tired. (be)
7. If Sally goes to bed early tonight, shebetter tomorrow. (feel)
8. The children will be late for school if theyimmediately. (not leave)
9.an omelette if we go to the French restaurant this evening. (have)
10. Mum will be very happy if Tomdinner tomorrow. (cook)

Task 2

Make **first conditional** sentences. Make some necessary changes:

Example:

if / Lisa / have a cold / I / look after the children / .

_____ If Lisa **has** a cold I **will** look after the children _____ .

1. you / need / your umbrella / if you / go out / today / .

2. what / the teacher / say / if / the children / not do / their homework / ?

3. if / I / make a cheese sandwich / you / have one / too / ?

4. the new restaurant / open / next Monday / if / everything / be / ready / .

Task 3

Complete these pieces of advice with *should* or *shouldn't*.

1. It's your aunt's birthday next week – we send her a card.
2. You drink a lot of sweet drinks.
3. Paul has a bad cold – he have a honey and lemon drink.
4. I spend so much money on clothes. I haven't got any money left!
5. We try the new cafe in town – it looks very nice.