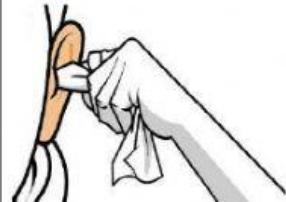


Healthy habits

| | | | | |
|--|--|--|---|--|
|  |  |  |  |  |
| brush my teeth | wash my hands | wash my face | comb my hair | drink water |
|  |  |  |  |  |
| shower everyday | sleep well | do exercise | eat healthy food / eat well | clean my ears |