

Adverbs of Frequency



Adverbs of Frequency are a kind of Adverbs which indicates us how often we do something. E.g. She **always** swims.

Adverbs of Frequency are often mixed in a table of degrees and they indicate from less to more how often we do something.



We usually use Present Simple and verb to be with Adverbs of Frequency. To put them in those sentences we must follow this structure:

SUBJECT + **ADVERB** + VERB
SUBJECT + BE + **ADVERB**



Other Verbs
TO BE



Rewrite the sentences using adverbs of frequency.

a) SHE/ VISIT/ **OFTEN**/ YOU

_____.

b) WE/ BE/ **SOMETIMES**/ ANGRY

_____.

c) THEY/ BE/ **USUALLY**/ LATE

_____.

d) MIKE/ BE/ **NEVER**/ SAD

_____.

e) LARA/ STUDY/ **HARDLY EVER**

_____.

f) I/ **SOMETIMES**/ BE/ TIRED

_____.

g) YOU/ DO/ HOMEWORK/ **ALWAYS**

_____.

Answer the questions using the words in brackets.

a) How often do you watch TV? (rarely)

_____.

b) How often do you listen to music? (usually)

_____.

c) How often do you go to the beach? (sometimes)

_____.

d) How often do you swim? (often)

_____.

e) How often you play basketball? (never)

_____.

f) How often do you study? (often)

_____.

g) How often do you take a nap? (always)

_____.

h) How often do you cook? (hardly ever)

_____.

