

3 Complete with *How much* or *How many*. Then answer about yourself.

1. _____ water do you drink every day? _____
2. _____ hours do you sleep every night? _____
3. _____ chocolate bars do you eat every week? _____
4. _____ fruit do you eat every day? _____
5. _____ bags of crisps do you eat every month? _____

4 What food do vegetarians eat? Read and circle.

Vegetarians

Some people don't eat meat or fish. They're called vegetarians. Some of them think it's not healthy to eat meat or fish. Others think it's bad to eat animals.

Vegetarians eat cereal, pasta, rice, beans, fruit and vegetables. They also eat cheese and yoghurt and they drink a lot of milk.

Many people around the world are vegetarians. In the US, 3% of the people are vegetarians.

