

• English Year 4 : Eating Right

I had a bowl of cereal with milk for . For I had and salad.

After , I played for one hour. In the afternoon, I had a of fruit salad.

For dinner, I had a of pasta with . I had some ice cream for . At night I slept for 10 hours. Yesterday was a day!

dessert

healthy

lunch

school

breakfast

meat

plate

bowl

vegetables

Yesterday