

Read.



Peter Brown is a champion swimmer. On Mondays, Wednesdays and Fridays he gets up at half past five and goes to the sports centre. He trains with his trainer. Peter goes home at half past seven. Then he has breakfast and he goes to school. In the evening, Peter is tired. He goes to bed at eight o'clock. Peter doesn't train every day. On Saturdays he swims with the team. He likes winning!

1.

- Read the text and write **TRUE (T)** or **FALSE (F)**

1. Peter gets up at half past five on Wednesdays. _____
2. Peter trains with his dad. _____
3. Peter has breakfast at home. _____
4. Peter trains every day. _____
5. Peter doesn't like losing. _____

2. Grammar Present Simple.

- Complete the text with the correct form of the verbs in brackets.

- a) Sebastian _____ (get up) at eight o'clock.
- b) I _____ (have) breakfast with my family at half past eight.
- c) We _____ (not eat) cereal.
- d) My sister _____ (not eat) fish.
- e) My friend Carol usually _____ (drink) orange juice for breakfast.
- f) They _____ (not go) to school on Saturday.
- g) Helen and Mary _____ (play) handball at school.
- h) The dog _____ (sleep) on the bed with Mia.

3. Frequency adverbs. Put the adverb or the adverbial phrase in the correct place.

0. Carol goes to the park. (often)

Carol often goes to the park

1. I play / tennis / with my friends / **usually**

2. Felipe / goes to / piano lessons / **twice a week**

3. My sister and I / have / cookies and milk for breakfast / **always**

4. Paul / reads / the newspaper / **never**

5. I / go / cycling to the park / **three times a week**

6. Write questions and answers.

For example: Does he play basketball?

Yes, he does



1 Does he _____ ?

4 Does she _____ ?

2 _____ ?

5 _____ ?

3 _____ ?

6 _____ ?

7. Choose the correct option and match with the pictures

- What time / Where do you go to bed? – *I go to bed at 11 o'clock.*
- How often / When does Leila play volleyball? – *She plays volleyball in the morning.*
- What / When do you have for breakfast? – *I have yoghurt and cookies for breakfast.*
- How / Where do Luke and Tom study? – *They study in their bedrooms.*
- How often / What time does Emily go to the cinema? – *Emily usually goes to the cinema.*



Vocabulary

8. Look at the athletes' lockers in the sports centre. What sports do they practice? What equipment do they need? Complete the sentences below.

1. Brian 	2. Lindsay 	3. Helen 	4. Rory 	5. Sam 	6. Eric 
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- Brian plays baseball. He needs _____, _____ and _____
- Lindsay _____. She needs _____
- Helen _____. She needs _____
- Rory _____. He needs _____
- Sam _____. He needs _____
- Eric _____. He needs _____

9. Write the sports under the right column

YOGA SKIING BADMINTON SKATEBOARDING ATHLETICS DIVING
RIDING TABLE TENNIS SWIMMING AEROBICS RUNNING KARATE GYMNASTICS
JUDO VOLLEYBALL RUGBY

Go	Do	Play
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____