Kids and their breakfast

Bernie

I have a glass of juice for breakfast. My favourite is apple juice, but we mostly have orange juice, because all the others in my family like orange juice. I have muesli with nuts, milk and honey.

Lewis

I always drink hot chocolate in the morning. Sometimes I have three cups of hot chocolate. I eat some toast and baked beans or sausages. I love that.

Jane

I eat cornflakes for breakfast. With milk and sugar. I love sugar on my cornflakes. Mum says a lot of sugar is not good for my teeth. When she isn´t watching I sometimes put lots of sugar on my cornflakes.

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