

food additives	junk food	refreshing drink
fresh produce	light meal	set menu
gourmet meal	processed food	slap-up meal
hearty breakfast	ready meal	soft drink
home-cooked food	reasonable price	substantial meal

1a. Complete these sentences using the collocations.

- _____ such as artificial flavours and colouring can cause allergies.
- _____ may be unhealthy, but it's quick and easy and fills you up.
- People who don't have much time to cook often buy _____ from the supermarket.
- It's always better to buy _____ instead of canned or frozen foods.
- The _____ is usually cheaper than ordering dishes separately in a restaurant.

1b. Replace the underlined words with suitable collocation.

1. Foods which are changed or treated as part of an industrial operation may damage our health in the long term.

→ _____ **foods** may damage our health in the long term.

2. Some people always have three full, satisfying meals a day, but I prefer a large breakfast and then a small meal around midday and a more sizeable meal in the evening.

→ Some people always have three _____ **meals** a day, but I prefer a _____ **breakfast** and then a _____ **meal** around midday and a more _____ **meal** in the evening.

3. There are some overpriced restaurants in the city centre, but down at the beach, there are some nice, not too expensively priced ones.

→ There are some overpriced restaurants in the city centre, but down at the beach, there are some nice, _____ **priced** ones.

4. They wanted to go for a very high quality meal but I said I'd prefer something more ordinary.

→ They wanted to go for a _____ **meal** but I said I'd prefer something more ordinary.

5. Iced tea is a drink that cools you and makes you feel less tired on a hot day, and is probably better for you than non-alcoholic drinks such as cola or lemonade.

→ Ice tea is a _____ **drink** on a hot day, and is probably better for you than _____ **drinks** such as cola or lemonade.

6. Let me take you out to dinner on your birthday. Or would you prefer a meal prepared at home? I could make dinner for you at my place.

→ Let me take you out to dinner on your birthday. Or would you prefer a _____ **-cooked meal**? I could make dinner for you at my place.

Ila. Fill in the blanks with one word from the box.

rake fertilizers conventional prey organically pruning
herbicide nature sprayed pesticide

Nowadays, people, who are more environmentally aware, are buying 1) _____ grown produce. Organic farming differs from 2) _____ methods in that no chemicals are 3) _____ on the crops. Instead of using a(n) 4) _____ to kill weeds, farmers remove unwanted plants with a hoe and 5) _____ away leaves by hand. Organic farmers look to 6) _____ to protect crops from insects and other pests – introducing crop-friendly animals and insects which actually 7) _____ on the insects causing the problem. This is a much healthier alternative to using 8) _____. Similarly, animal manure, compost and even seaweed is used instead of chemical 9) _____ to improve soil texture and stimulate healthy crop growth. This kind of farming is very intensive and all the 10) _____, digging and watering is done by hand. This is why naturally grown vegetables and fruit are more expensive to buy. You are paying for the farmer's expertise and care.

Ilb. Fill in the blanks with correct forms of words. There are two extra words you do not need to use.

experts transport information product progress research
traffic produce climate health book

Where Does Our Food Come From?

Nowadays you can buy tropical fruit like lychees and mangoes all over the world. Many recipe (1) _____ give useful (2) _____ on how to prepare and serve it. However, imported (3) _____ is much more expensive than locally grown food due to the high cost of air (4) _____. Now scientists are carrying out (5) _____ to see if they can genetically modify tropical fruit so that it can grow in cooler (6) _____. They have already made (7) _____ towards achieving this. But some (8) _____ think that genetically modified food could be dangerous to our (9) _____.

III. Fill in the correct word derived from the words in brackets.

The 1) _____ (**define**) of a pest is any type of insect or animal that is so 2) _____ (**number**) that it becomes a problem to humans. In the home, pests such as rats, cockroaches, termites and fleas can be very 3) _____ (**annoy**), and their 4) _____ (**resist**) to poisons makes them difficult to get rid of. For farmers, locusts are one of the most 5) _____ (**destroy**) pests in 6) _____ (**exist**). They are extremely fast breeders, and their 7) _____ (**able**) to consume leaves quickly means that they can wipe out entire crops within hours. Scientists are working on the 8) _____ (**develop**) of an 9) _____ (**effect**) means of controlling this menace, but so far a completely successful 10) _____ (**solve**) has not been found.