



Follow Me 6 Unit 4 Don't Be a Couch Potato

Class : _____ Number: _____ Name: _____

Read and fill in the blanks.

Yay! Today is Sunday. I usually go to bed early on Saturdays, so I can get up early on Sunday morning. In the morning, I do my homework for 2 hours. Then, I surf the Internet for 1 hour.

I usually go out for lunch. Then, I take a nap for 1 hour. After that, my dad and I play sports together for 2 hours until 16:00. We have a lot of fun. Then, I play the piano for 1 hour. I like to play the piano. I also like to listen to music. I like pop music. I usually listen to music for 2 hours.

In the evening, we watch TV. I watch TV for 2 hours. My favorite TV program is Sesame Street. That's my schedule on Sundays.



Amy's Schedule

7:30 get up

8:30 do my homework

_____ surf the Internet

11:30 lunch time

13:00 _____

_____ play sports

16:00 _____

17:00 _____

19:00 watch TV