

Feeling Fit

1 Write answers. Work with a partner.

What Juan did yesterday	What Alina did yesterday
brush teeth ✓ wash face ✓ go for a walk ✓ ride bike ✓	play soccer ✓ have a snack ✓ watch TV ✓ do homework ✓
1. Did he wash his face yesterday? Yes, he did. _____	1. Did she swim yesterday? No, she didn't. _____
2. Did he watch TV yesterday? _____	2. Did she go for a walk yesterday? _____
3. Did he brush his teeth yesterday? _____	3. Did she ride her bike yesterday? _____
4. Did he ride his bike yesterday? _____	4. Did she play soccer yesterday? _____
5. Did he play soccer yesterday? _____	5. Did she watch TV yesterday? _____
6. Did he go for a walk yesterday? _____	6. Did she do her homework yesterday? _____

2 Ask and write answers. Work with a partner.

	My name _____	My partner's name _____
1. Did you eat vegetables yesterday?		
2. Did you eat fruit yesterday?		
3. Did you eat junk food yesterday?		
4. Did you get exercise yesterday?		
5. Did you get rest yesterday?		



get exercise



eat junk food



eat vegetables



get rest



eat fruit

1. I _____ every day. I like apples, mangoes, and grapes!
2. I _____ every day. I play soccer and go swimming.
3. I _____ every day. I love carrots, beans, and potatoes.
4. I _____ every day. I relax after exercise, and I sleep at night!
5. I _____ sometimes. I like to eat potato chips and drink soda!