

SCIENCE WORKSHEET

NAME:

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1.- WRITE THE BONES IN THE CORRECT TYPE

STERNUM, VERTEBRAE, CARPALS, PATELLA, RIB, FEMUR, HUMERUS, FIBULA, SCAPULLA, CRANIAL BONES
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LONG	
SHORT	
FLAT	
IRREGULAR	
SESAMOID	

2.- MARK WITH AN X THE CORRECT OPTION

A. Most of the bones of the arms and hands are long bones; however , the bones in the wrist are categorized as _____.

- a. flat bones

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- b. short bones

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- c. sesamoid bones

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- d. irregular bones

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B. Sesamoid bones are found embedded in _____.

- a. joints

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- b. muscles

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- c. ligaments

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- d. tendons

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C. Bones that surround the spinal cord are classified as _____ bones.

- a. irregular

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- b. sesamoid

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- c. flat

--
- d. short

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D. Which category of bone is among the most numerous in the skeleton?

- a. long bone
- b. sesamoid bone
- c. short bone
- d. flat bone

E. Long bones enable body movement by acting as a _____.

- a. counterweight
- b. resistive force
- c. lever
- d. fulcrum

3.- WRITE THE TYPE OF BONE IN THE CORRECT DEFINITION

LONG – SESAMOID – IRREGULAR – FLAT – SHORT

DEFINITION	TYPES OF BONES
thin and curved bone	
bone of complex shape	
cylinder-shaped bone that is longer than it is wide	
small, round bone embedded in a tendon	
cube-shaped bone that is approximately equal in length, width, and thickness	