

3 Feeling good

Vocabulary Happiness

V Insight Idioms: happiness and sadness

1 Match the words and phrases to make idioms.

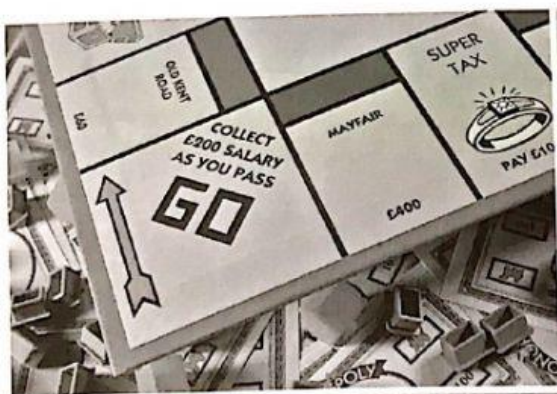
- | | | |
|---|---------------|-------------|
| ☹ | 1 down in the | a the dumps |
| 😊 | 2 over the | b nine |
| ☹ | 3 feeling | c the world |
| 😊 | 4 on cloud | d mouth |
| ☹ | 5 down in | e blue |
| 😊 | 6 on top of | f moon |

V insight Noun suffixes: -ness, -ity

2 Write the noun or adjective form of the words below. Then use one of the forms to complete the sentences.

- ☐ _____ / generosity ☐ lazy / _____
☐ able / _____ ☐ tired / _____
☐ _____ / necessity ☐ _____ / kindness
☐ _____ / prosperity ☐ happy / _____

- There are motorway signs in the UK saying '_____ kills' to encourage drivers to stop and have a rest.
- Money doesn't make you _____, but it certainly helps.
- The superhero, Mystique, has the _____ to change into anyone she wants to be.
- Thank you for giving €100 towards our new sports centre. We really appreciate your _____.
- My dad says he hates _____, but I think he just doesn't know how to relax and do nothing.
- Is it really _____ to do warm-up exercises before you go for a run?
- It was really _____ of Jim to ask if I was OK.
- Mayfair and Park Lane are the most _____ parts of London – that's why they cost so much on the Monopoly board!



V Feelings: intensity

3 Match feelings 1–6 with situations a–f to complete the sentences.

- | |
|--|
| 1 I was very upset that you |
| 2 I was petrified when I |
| 3 I was disgusted by |
| 4 I was furious when |
| 5 I was astonished when someone told me |
| 6 I was pleased when I opened the envelope and |
- a my new camera broke after only two months.
 b saw the tickets for the music festival.
 c that Michael was Dutch – his English is perfect!
 d had to give a speech in front of 200 people.
 e went to the cinema with Peter instead of me.
 f how dirty the plates were in the restaurant.

4 Complete the report with the words below.

- ☐ necessity ☐ cross ☐ happiness ☐ appalled ☐ ability
☐ kind ☐ astonished ☐ devastated

Video games and happiness

Are you ¹ _____ by how violent many video games are? Do you worry about the effects they can have on people, from players getting slightly ² _____ when the game isn't going well, to those who are absolutely ³ _____ when all their 'lives' are lost and it's 'game over'?

Recent studies have shown that video games do have the ⁴ _____ to produce a feeling of ⁵ _____ and many other positive emotions in players. In many games, co-operating with other players is a ⁶ _____, and these games often teach the importance of being ⁷ _____ to others. Those who firmly believe that video games are depressing will be ⁸ _____ to hear that playing video games is often better than medication for people who suffer from depression.

5 CHALLENGE! Complete the comments from an internet forum on the role of social networks. Use your own ideas.

Post a comment

I'm appalled that _____

The ability to _____ is very important in life.

I get furious when _____

I'm astonished that _____

I'm really excited about _____