



Complete each definition below with a word from the chart.

<b>Balance</b>	<b>Commitment</b>	<b>Communication</b>	<b>Leadership</b>
<b>Speed</b>	<b>Stamina</b>	<b>Strength</b>	<b>Teamwork</b>

1. \_\_\_\_\_ is guiding a group of people or an organization.
2. \_\_\_\_\_ is having enough energy to move or run for a long time.
3. \_\_\_\_\_ is having powerful muscles and being physically strong.
4. \_\_\_\_\_ is how fast something moves, or the ability to move quickly.
5. \_\_\_\_\_ is not falling over while you are running or jumping.
6. \_\_\_\_\_ is talking in a way that helps others understand you.
7. \_\_\_\_\_ is working hard at something in order to be successful.
8. \_\_\_\_\_ is working with others, including coaches, to be successful.

*"And whatsoever ye do, do it heartily, as to the Lord, and not unto men"*

Colossians 3: 23