



ENGLISH: Level A1

WEEK 12 – Experience 03

LET'S REDUCE STRESS

ACTIVITY 03

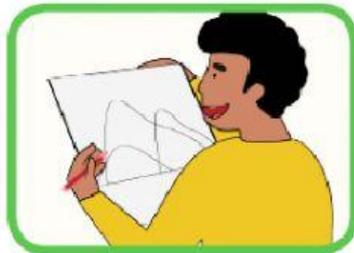
Reduce Stress!

LEAD IN WORD SEARCH

LOOK at the pictures and FIND the correct verb in the word search.



1. I books.



2. I pictures.



3. I exercises.



4. I my grandfather.

F	R	P	G	L	O	S
V	E	O	W	N	O	F
E	A	F	R	T	A	H
R	D	H	R	M	G	E
E	H	R	C	I	G	L
H	X	N	A	L	D	P
X	N	G	K	W	O	E



PERÚ

Ministerio de Educación

GRE La Libertad

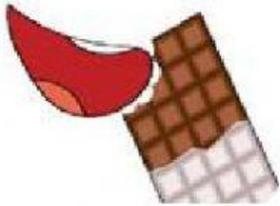
UGEL Sánchez Carrión

I.E. San Nicolás Huamachuco

APRENDO en casa



MATCH with the sentences with the actions.



I chat with my friends.

I call friends.

I play the guitar.

I listen to music.

I sing.

I dance.

I cook.

I eat chocolate.

I study from home.

I learn.





LET'S LISTEN AND READ!

LISTEN TO and **READ** the conversation.



HILDA: Hi Roberto!

ROBERTO: Hi Hilda.

HILDA: How do you feel today?

ROBERTO: I feel stressed.

HILDA: Oh no! Sorry to hear that!

ROBERTO: I don't feel good. I don't see my friends and I don't play in the park.

HILDA: I see ...

ROBERTO: How do you reduce stress Hilda?

HILDA: Well, when I feel stressed, I read books, I draw pictures, and I help my mom.

ROBERTO: I feel good when I help my grandfather.

HILDA: Good idea, help your family!

ROBERTO: Thank you Hilda!

HILDA: No problem, my friend.



LET'S UNDERSTAND!

Exercise 1 CHECK the actions for Hilda and Roberto.

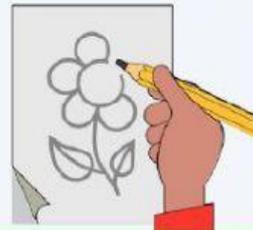


HILDA



READ BOOKS

Example:



1. DRAW PICTURES



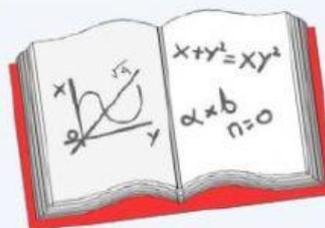
2. HELP MY MOM



ROBERTO



3. HELP MY GRANDFATHER



4. STUDY FROM HOME



5. FEEL STRESSED



Exercise 2 CHOOSE True or False.



I read books.



I draw pictures.



I help my grandfather.



I read comics.



I help my grandfather.

Exercise 3 PUT IN ORDER this words to make affirmative sentences.



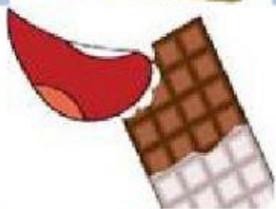
My friends. / I / call



learn / I / from home.



to the radio. / listen / I



chocolate. / I / eat



play / the guitar. / I