



Worksheet

Match the calendars to the correct frequency expression.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	X			X	X	

once a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	X					

twice a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X	X	X		X		

three times a week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X			X			

four times a week

Look and write sentences using the correct kind of TV programme and frequency expression.

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	X					

1. My mum / (watch) documentaries /
My mum watches documentaries **once a week**.



Mon	Tue	Wed	Thu	Fri	Sat	Sun
X			X			

2. My dad / (watch) sports programmes /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
X	X	X		X		

3. My brothers / (watch) cartoons /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	X			X	X	

4. I / (watch) cooking programmes /

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	X					

5. My sister / (watch) a soap opera /