

"Aprendo en Casa"

ACTIVITY N° 3 How do you reduce stress in lockdown?

Student: _____ Grade and Section: 4th _____

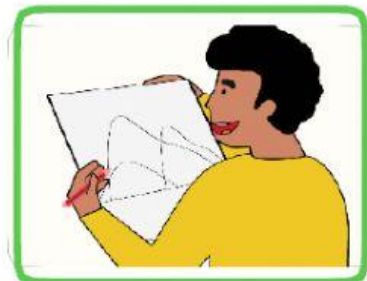
Teacher : _____ Date: June _____

COMPETENCE	CAPACITY	PURPOSE
➤ Se comunica oralmente mediante textos orales breves en inglés	➤ Interactúa estratégicamente con distintos interlocutores	➤ Conocerán las estructuras gramaticales del Present Simple así como las actividades de tiempo libre durante la pandemia.
➤ Lee diversos tipos de textos escritos en inglés como lengua extranjera.	➤ Obtiene información del texto escrito.	

I.- Look at the picture and match the pairs :



She does exercises



He helps his grandfather



She reads a book



He draws a picture

II.- Let's listen and read



HILDA: Hi Roberto!

ROBERTO: Hi Hilda.

HILDA: How do you feel today?

ROBERTO: I feel stressed.

HILDA: Oh no! Sorry to hear that!

ROBERTO: I don't feel good. I don't see my friends and I don't play in the park.

HILDA: I see ...

ROBERTO: How do you reduce stress Hilda?

HILDA: Well, when I feel stressed, I read books, I draw pictures, and I help my mom.

ROBERTO: I feel good when I help my grandfather.

HILDA: Good idea, help your family!

ROBERTO: Thank you Hilda!

HILDA: No problem, my friend.



III.-LET'S UNDERSTAND! UNDERSTAND-EXERCISE 1

Write A for Hilda and B for Roberto



HILDA (A)



READ BOOKS

EXAMPLE :A



1.-DRAW
PICTURES

A B



2.-HELP MY
MOM

A B

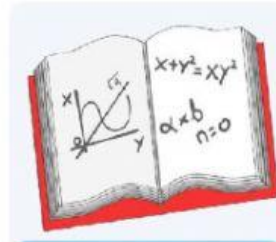


ROBERTO (B)



3.-HELP MY
FATHER

A B



4.-STUDY FROM
HOME

A B



5.-FEEL
STRESSED

A B

IV.-Choose the best option



1.-Does Hilda read books ?

- a) No,she doesn't.
- b) Yes,she does.



2.- Does Hilda draw pictures?

- a) Yes,she does .
- b) No,she doesn't.



3.- Does Hilda help her grandfather ?

- a) No, she doesn't.
- b) Yes,she does.



4.- Does Roberto read comics ?

- a) Yes,he does
- b) No,he doesn't



5.- Does Roberto help his grandfather?

- a) No,he doesn't
- b) Yes, he does