1. Put the frequency adverbs in order

sometimes	always	hardly ever	often	never	usually

2. Look at Tom´s week and complete the sentences

Tom´s week	Mon	Tues	Wed	Thu	Fri	Sat	Sun
get up at six o´clock	✘	✘	✘	✘	✘	✘	✘
have a shower in the morning	✓	✓	✓	✓	✓	✓	✘
send text messages	✓	✘	✓	✘	✓	✘	✘
have dinner at seven o´clock	✓	✓	✓	✓	✓	✓	✓
watch TV in the evening	✓	✓	✓	✓	✘	✘	✓
read in bed	✘	✘	✓	✘	✘	✘	✘

- He _____ gets up at 6 o´clock.
- He _____ has a shower in the morning.
- He _____ sends text messages.
- He _____ has dinner at 7 o´clock.
- He _____ watches TV in the evening.
- He _____ reads in bed.

3. Order the words

- often / go / they / to school by bus _____
- are / you / noisy / always _____
- he / her phone / uses / never _____
- usually / is / in the morning / tired / he _____
- I / hardly ever / am / late for class _____
- my brother / at home / sometimes /has lunch _____