



LEARNING EXPERIENCE 3

Student's name: _____

Grade: " _____ "

Teacher's name: Lady Liliana Untal Escobedo.

English level: A1

Let's Reduce Stress

COMPETENCIA: The student writes different types of texts in English.

PROPÓSITO DE LA SESIÓN: Comprende textos breves y sencillos en inglés deduciendo el léxico y las estructuras, a fin de elaborar un texto con un testimonio sobre las actividades que realiza para reducir el estrés.

NEGATIVE

He	+	does not doesn't	feel bored
She			feel stressed
It			feel sleepy
I	+	do not don't	feel sad
You			feel confused
We			feel thirsty
You			feel good
They			feel disappointed

AFFIRMATIVE

He	feels tired
She	feels confused
It	feels hungry
I	feel scared
You	feel surprised
We	feel hungry
You	feel embarrassed
They	feel proud



YES / NO QUESTION:

Do you feel bored?

Does she feel disappointed?

SHORT ANSWER:

Yes, I do / No, I don't

Yes, she does / No, she doesn't

LONG ANSWER:

Do they feel sleepy?

Does she feel confused?

Does he feel stressed?

No, They don't feel sleepy. They feel hungry.

No, she doesn't feel confused. She feels embarrassed.

Yes, he feels stressed.

Activity 1: Move to relax!

1.- Fill in - do, does, don't, doesn't

- I _____ do my homework in the morning.
- She _____ spend her free time with her friends.
She prefers reading books.
- _____ you often do the shopping?
- _____ her mother work in the bank?
- We _____ play tennis after school.
- My parents _____ live in a flat. They have a house.
- _____ your teacher speak German?
- He _____ do karate.
- Susan _____ learn Spanish at school.
- My brothers _____ like to drink milk.
- I _____ like to walk with my dog.
- Ann _____ like jazz music but she likes pop music.
- _____ she play the saxophone?" "No, she _____".
- He _____ go to school on Sunday.
- What _____ you have for dinner?

What do they do on the weekend?

2.- Look at the pictures and order the following sentences.



plays he and the football She guitar plays the.



Mario



Iris

rides bike her surfs Iris and Mario the net.



Sara



kelly

likes and to sing kelly songs Sara swims likes to

3.- Complete the dialogues with the words from the box.

Dad: Hey, are you okay, Tom? You don't look well.

Tom: I feel _____ about my math test.

Dad: You should relax and try to stay _____.

Tom: Well then, can you help me _____?

nervous
study
calm

Dad: I'm so _____. There is nothing to do.

Tom: I'm _____. Why don't you watch TV?

Dad: Huh?

Tom: I hear there's a great movie on Netflix called
"Planet of the Grapes!" Let's _____ it!

watch
surprised
bored

4.- Match the questions to the answers.

1. What time does she get up?
2. How does she go to school?
3. Does she have breakfast every day?
4. What does she do in the afternoon?
5. When does she go to bed?

- A. She goes to bed at 10:00.
- B. She walks to school.
- C. She gets up at 7:00.
- D. No, she doesn't.
- E. She does her homework.

Look at the pictures and check (✓) the correct description.

Example:



I play the guitar.

I play the piano.



I cook.

I dance.



I do exercises.

I go shopping.



I draw pictures.

I read books.



Complete the conversation.

Hi Alonso. I stressed.
What do I ?



Oh no! 😞
I feel stressed, I listen to music
 do exercises.



Sigue revisando lo que puedes hacer con el inglés según estándares internacionales. Aquí algunas preguntas sobre lo que puedes hacer en inglés.



1. ¿Puedo reconocer palabras que son similares al castellano? **SÍ - NO**
2. ¿Puedo relacionar acciones que escucho en inglés con imágenes que las representan? **SÍ - NO**
3. ¿Puedo extraer palabras o frases breves y sencillas para indicar acciones? **SÍ - NO**