

Summative assessment for the units

“Healthy Habits”, “Clothes and Fashion”

Learning objectives	7.L6 Deduce meaning from context with little support in extended talk on a limited range of general and curricular topics 7.R8 Use familiar and some unfamiliar paper and digital reference resources with little support to check meaning and extend understanding 7.S7 Use appropriate subject-specific vocabulary and syntax to talk about a growing range of general topics, and some curricular topics
Assessment criteria	<ul style="list-style-type: none">• Figure out the content of a conversation with some support in extended talk• Demonstrate the ability to use a dictionary or digital methods to trace meaning and extend vocabulary
Level of thinking skills	Application Higher order thinking skills
Duration	20 minutes

Listening

Task 1. Listen to the conversation and fill in the gaps. Use NO MORE THAN THREE WORDS.

Go to the following link to listen to the information: <http://www.listenaminute.com/h/health.html>

a cold	midnight snacks	healthily
health	aches and pains	exercise

I never used 0. to worry about my health until recently. When I was a kid, I did loads of 1 _____. Even in my twenties and thirties I was very fit and never ill. I have been lucky all my life – always in the best of 2 _____. I rarely get even 3 _____. I suppose time catches up with you. Now I seem to be getting lots of little 4 _____. I should go to the doctor for a health check, but I’m too busy. The older you get, the more you worry about your health. One good thing is that I’m eating more 5 _____ now than ever before. I no longer have fast food and 6 _____. I also sleep a lot more. I’ve read that getting seven or eight hours sleep every night is one of the best things you can do for your health.

Reading

Task 2. Read the definitions below. Find the proper word in the text and insert it into the table.

Look up the words in the dictionary and check the answers. **Снизу в таблице даны определения. Отгадайте, какое слово имеется в виду. Слова выделены**

Hi! I’m Jeannie and I’m 13 years old. I go to school in our town.

At school we always wear a **uniform**. Girls wear white shirts, blue skirts and red sweaters with the school **emblem**. Boys wear white shirts with blue ties and blue trousers. Their sweaters are red, too. All of our shoes are black. We don’t like our school uniform. After

school my first thing to do is putting off my uniform. I hate skirts and dresses! I like wearing **casual** clothes. I often go skateboarding, so my favourite **pieces** of clothes are very **comfortable**. I like trousers, jeans, shorts, T-shirts, jackets, trainers and I have lots of baseball caps. I never wear dresses and skirts when I'm not at school. Mum says that I should wear **girlish** clothes, but they are uncomfortable for me!

1. Remaining the same in all cases and at all times; unchanging in form or character.	
1. Behaves, looks, or sounds like a young girl.	
2. Relaxed and used every day/informal style.	
3. A thing serving as a symbol of a particular nation or organization.	
4. A part of something.	
5. Physically relaxed and free.	