

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

### DEFICIENCY DISEASES

1. A deficiency disease is a lack of a particular \_\_\_\_\_. Deficiency diseases can be \_\_\_\_\_ by eating the correct or missing \_\_\_\_\_. Eat \_\_\_\_\_ and \_\_\_\_\_ to reduce this disorder.
2. Without enough seafood and sea salt, a \_\_\_\_\_ may develop which is a swelling in the \_\_\_\_\_. Eat \_\_\_\_\_ and \_\_\_\_\_ to treat it.
3. \_\_\_\_\_ develops if enough oranges, lemons and other citrus fruits are not eaten. This disease affects a person's \_\_\_\_\_. Eat \_\_\_\_\_ and \_\_\_\_\_.
4. Bowlegs, knock knee and weak bones is a result of a lack of \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_ in the diet. This weakness of the bone is known as \_\_\_\_\_. Eat \_\_\_\_\_ and \_\_\_\_\_ to treat it.
5. The disease \_\_\_\_\_ sounds like fruits but it is a dangerous disorder that affects the nervous system. It is caused by a lack of \_\_\_\_\_ in the diet. Eat \_\_\_\_\_ and \_\_\_\_\_ to treat it.
6. A lack of iron in the diet can cause the disease \_\_\_\_\_. Persons with this disease feel very \_\_\_\_\_ all the time and three other signs of the disease are \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_. Eat \_\_\_\_\_ and \_\_\_\_\_.
7. The deficiency disease \_\_\_\_\_ affects the eyes and is caused by a lack of \_\_\_\_\_. Persons with this disorder cannot see well at \_\_\_\_\_ or in \_\_\_\_\_ light. Eat \_\_\_\_\_ and \_\_\_\_\_ to treat it.