Food & drink

a. Look at the foods in the box and put them into the right column. Use your dictionary to check their meaning.

apples • bananas • bacon • ham • beetroot • beans • biscuit
cauliflower • carrot • cherry • chicken • chocolate cake • duck
fruit salad • grapes • ham • cream • lamb • lemon
melon • mushrooms • onions • oranges • pepper • pork
potato • salmon • sardines • sausages • steak

MEAT	FISH	FRUIT	VEGETABLES	DESSERT

b. How many fruit and vegetables can you find in this puzzle? The words may be horizontal, vertical or diagonal.

S	T	O	R	E	T	G	R	A	P	E
P	E	P	P	E	R	A	N	N	I	S
E	L	M	O	T	I	R	U	E	N	T
C	A	U	L	I	F	L	O	W	E	R
A	N	S	T	R	C	I	T	H	A	A
R	O	H	B	E	O	C	H	S	P	W
R	A	R	E	N	O	P	A	N	P	B
O	G	O	I	W	E	E	S	O	L	E
T	R	O	D	A	P	A	D	I	E	R
I	N	M	R	E	S	C	U	F	O	R
M	E	L	O	N	C	H	E	R	R	Y

LIVEWORKSHEETS

Food & drink

c. Which is the odd one out in each of these groups? Why?

1. salmon	veal	beef	lamb	_____
2. yoghurt	cheese	egg	ice cream	_____
3. beans	mushroom	cauliflower	peach	_____
4. chicken	duck	pork	turkey	_____
5. tea	orange juice	coffee	beer	_____

d. You usually buy food and drink in containers e.g. *packets, jars* etc. Match the food and drink words on the right with their containers on the left. Some can be linked with more than one container.

1. some bottles of _____
2. a bag of _____
3. some cans of _____
4. a carton of _____
5. a jar of _____
6. a packet of _____

a. beer,
b. chewing gum
c. coffee,
d. Coke
e. fish,
f. flour,
g. honey
h. jam
i. milk
j. olive oil
k. orange juice
l. pears
m. rice
n. spaghetti
o. sugar
p. sweets
q. tea
r. water,
s. wine

e. Answer these questions to find out about your eating habits. Then ask one or two other people.

1. Do you usually fill your plate up with too much food? _____
2. Do you drink many fizzy drinks like Coca Cola or Sprite? _____
3. Do you have snacks lie cakes, biscuits or chocolate? _____
4. Do you often eat at a fast food restaurant? _____
5. Do you enjoy eating foods like chips, crisps and peanuts? _____

Use the following scores to find out if you eat healthily.

YES/OFTEN = 3 SOMETIMES = 2 HARDLY EVER = 1 NEVER = 0

HOW DID YOU SCORE?

12 or more: Perhaps you are eating too much of the wrong kind of food!
6 -10: You are generally careful about what you eat.
0 - 5: Are you going hungry?

f. This is part of a letter you received from your English friend Chris.

I usually have cereal and milk for breakfast and a sandwich or a salad for lunch. At about seven o'clock I have dinner with my mum. And at the weekends I eat out with my friends.

Now write a letter to Chris, telling him about your eating habits.

LIVEWORKSHEETS

Free time, leisure and hobbies

a. Put these words/phrases into the right column. The columns describe different types of leisure activities and hobbies. Some of the words/phrases can go into more than one column.

antiques • board games • camping • cards • chess
listening to CDs • coins • cooking • DIY • gardening
hiking • hunting • jogging • painting • photography
playing the violin • playing computer games • reading
rock climbing • scuba diving • stamps • surfing the internet
tennis • watching DVDs • window shopping

ACTIVITIES AT HOME	OUTDOOR ACTIVITIES	THINGS PEOPLE COLLECT	CREATIVE HOBBIES

b. Read what these people say about their favourite hobbies and activities and decide which is their hobby. Choose from the ones above.

1. I like looking around in my favourite shops, although I don't usually buy anything.
2. I really enjoy preparing exotic dishes and I usually try new ideas. I feel very proud when people want to have more.
3. I try to practice every day but it disturbs my neighbour too much. You see, I have to play the same thing over and over again.
4. It's a very useful hobby for people like me who have a house but don't want to spend too much money. Actually, I do a better job than many professionals.
5. I don't really like going to the gym. I needed something that would help me keep fit but something that I can do whenever I like. So I usually go early in the morning before going to work.
6. I love watching a good film, especially the ones with my favourite actors. But I prefer to do it in the comfort of my own home.
7. I normally use colour but sometimes you get a better effect with black and white. It depends on the subject.

LIVEWORKSHEETS