Centro Cultural y Educativo Reyes Católicos *School year 2020-2021*

4º E.S.O. **READING TEST** **THIRD TERM**

NAME: _____Group: _____

Read the article by Marianne Collins.

Twenty-four hours without technology

by Marianne Collins

Could you spend 24 hours without the Internet? I'm not sure how I'd deal with it. It's been a ridiculously long time since I tried anything like that. These days we all depend heavily on technology and you may or may not be surprised by the results of some recent research about the effects of online and digital technology on people's lives. More than half of the people who were questioned said they'd feel 'upset' without an Internet connection even for a short time.

The researchers also challenged people to spend one whole day without using technology and then report back on what it was like. Some people found it so hard they did nothing more than switch their phones to silent. Nearly fifty percent of them said they felt lonely when they weren't using social networking sites, updating their Facebook status or texting. It was younger people who found giving up technology harder, but just under a quarter of people actually said they felt freer without an Internet connection. It meant they found time to do something they wouldn't normally do, like read a novel. Some of them said they enjoyed spending more time talking to family and friends face to face.

So, what about you? Could you take the Internet challenge and spend 24 hours without going online? Or would it be a nightmare for you? If you try it, please email me and let me know how you found it.

Choose the correct options

1 Marianne Collins says that the research ……..
- a had some unbelievable results.
- b was about the latest technology.
- c found out how people felt without technology.

2 The researchers asked people to ……
- a say why they couldn't use the Internet.
- b describe their experiences of not using the Internet.
- c turn their phone to silent for a whole day.

3 Around half of the people in the research ……
- a found being without the Internet a bad experience.
- b were able to spend a whole day without using Facebook.
- c found giving up technology easier than expected.

4 Fewer than 25 percent of people :……..
- a spent a lot more time reading novels.
- b said they didn't spend much time with friends and family.
- c felt happy with how they used their time away from the Internet.

5 Marianne is keen to ……
- a see how many people use free Internet services.
- b learn more about what it's like to be without the Internet.
- c hear about the effect of the Internet on people's dream.

LIVEWORKSHEETS

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