

Write 30 – 50 words

- Healthy food you eat.
- Unhealthy food you eat
- Any exercise you do.

- Write in full sentences.
- Use full stops and capital letters.
- Use conjunctions (and, but, because, so, or)

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There is no handwriting or other markings on the paper.