

### First 2nd-grade test

Name:

Date:

**Total: points 100**



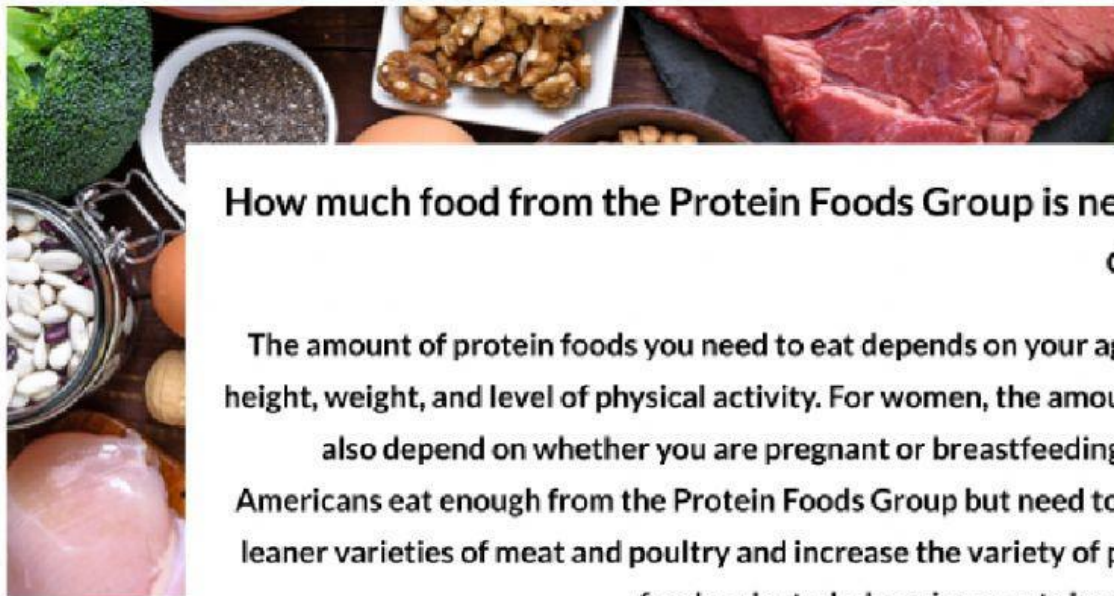
### Activity 1 (25 points)

**Listen to the audio and mark the right option** (Escucha el audio y marca la opción correcta)

- 1) Her favorite food is *beans/pizza/pasta*.
- 2) She is allergic to *dairy/vegetables/grains*.
- 3) She can't eat *eggs/bananas/cheese*.
- 4) Instead of *milk/carrots/coke* for breakfast, she has *yogurt/orange juice/parsley*.

### Activity 2 (25 points)

**Read the text** (Lee el texto)



**How much food from the Protein Foods Group is needed daily?**

The amount of protein foods you need to eat depends on your age, sex, height, weight, and level of physical activity. For women, the amount can also depend on whether you are pregnant or breastfeeding. Most Americans eat enough from the Protein Foods Group but need to select leaner varieties of meat and poultry and increase the variety of protein foods selected, choosing meats less often.

(Taken from: My Plate- U.S. DEPARTMENT OF AGRICULTURE)

Choose the **correct option** and **mark it** with a ✓ (Elige la opción correcta y marcala con un tick)

1) What **type** of **text** is it?

- A biography
- A letter
- A text message
- An informative text

2) What is it **about**?

- It's about proteins
- It's about technology
- It's about grains
- It's about eggs

3) Mark **true (T)** or **false (F)**

- The amount of proteins that a person should eat doesn't depend on their height.
- Women that are pregnant or breastfeeding should change their protein diet.
- Americans don't eat proteins.
- Americans need to eat a variety of proteins.

### Activity 3 (20 points)

Put the **words** in the **correct column** (Pon las palabras en la columna correcta)

Carrot- Pizza- Milk- Seafood- Orange- Black beans- Cheese- Eggs- Strawberry- Lentils- Hamburger- Yogurt-  
Onion- Pineapple-Lettuce- Rice

| Vegetables | Dairy | Fruits | Proteins | Grains | "Extras" |
|------------|-------|--------|----------|--------|----------|
|            |       |        |          |        |          |
|            |       |        |          |        |          |
|            |       |        |          |        |          |