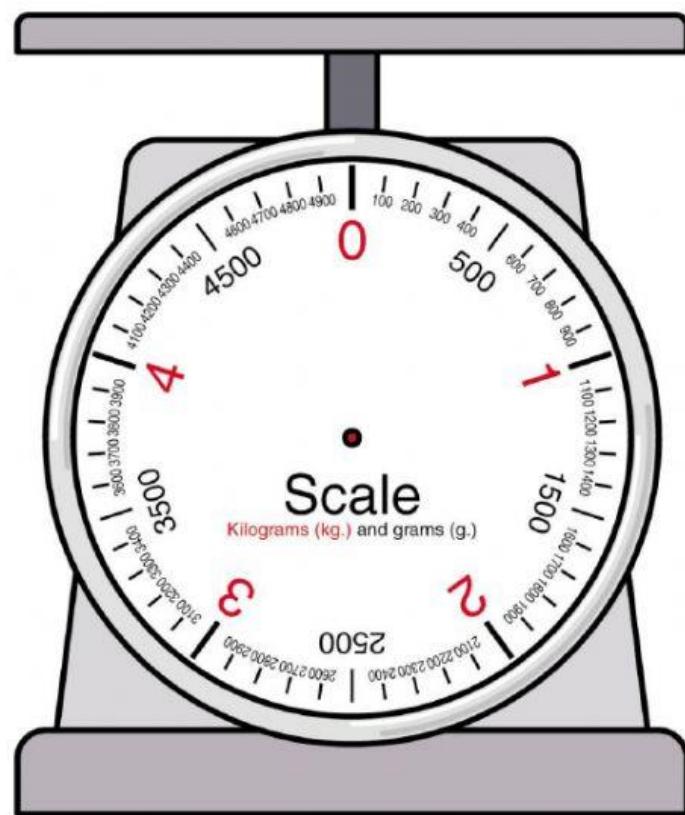


Entry 1

Weights and Measurements



Name _____

Class _____

Write the correct words next to each symbol

pounds & pence	millilitres	kilograms	centimetres	degrees centigrade	grams
weight	money	temperature	volume	weight	height

cm

centimetres
height

f, p

g

°C

kg

ml

Write the best measurement under each picture. Say them.



£8.16p	40°C	500g
500ml	180cm	70kg

Listen to your teacher and complete the dialogues.

1



Can _____, please?

Do you want it sliced?

Yes please.

2



How tall are you?

Try this shirt.

3



How much is the vodka?

_____ for _____

I'll take one bottle, please.

1000ml
(millilitres) =
1 litre

4



It's so hot today!

Yeah, _____.

Let's go swimming.

Practice the dialogues with a partner. Cover the words and practice again.

Read the text. What is it about?

Fruit and vegetables: are you getting your 5 A Day?

You should eat at least 5 portions of a variety of fruit and vegetables every day. People who eat at least 5 portions of fruit and vegetables a day have a lower risk of heart disease, stroke and some cancers.

Eating 5 portions is not hard.

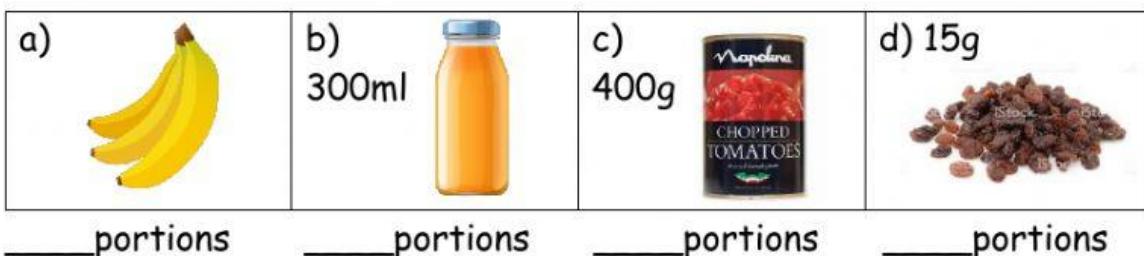
A portion is:

- 80g of fresh, canned or frozen fruit and vegetables
- 30g of dried fruit
- 150ml glass of fruit juice – but do not have more than 1 portion a day

Just 1 apple, banana, pear or similar-sized fruit is 1 portion each. A slice of pineapple or melon is also 1 portion, and 3 spoons of vegetables is another portion. Adding a spoon of dried fruit, such as raisins, to your morning cereal is an easy way to get 1 portion.

Read the text again and answer the questions:

1. How much fresh fruit is one portion? _____
2. How much dried fruit is one portion? _____
3. How much fruit juice is one portion? _____
4. How many bananas is one portion? _____
5. What is the weight of one banana? _____
6. What is the weight of a spoon of dried fruit? _____
7. What is the weight of a spoon of fresh fruit? _____
8. How many portions of fruit and vegetables are in each picture? _____



Match the questions with the answers

How much do you weigh?	1
How tall is she?	2
What's the temperature?	3
What size bottle is it?	4
How much will the repair cost?	5
How much rice do you need?	6

A	She's 160cm tall.
B	It'll cost £75.23.
C	It's 17°C outside.
D	I need 500g.
E	I weigh 87kg.
f	It's a 750ml bottle.

Fill in the missing words:

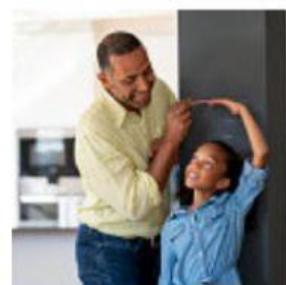
1. A. _____ does your suitcase _____?

B. It _____ 23kg.



2. A. _____ your daughter?

B. _____ 130cm _____.

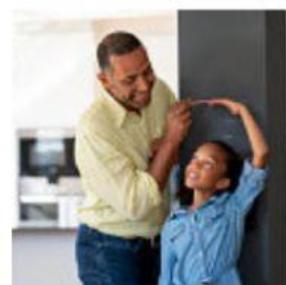


3. A. _____ will two tickets _____?

B. They'll _____ £28.74.

4. A. _____ in here?

B. _____ 19°C in here.



5. A. _____?

B. It's a 330ml can.



Talk to your partner. Can you say / guess the answers?

1. How tall are you?
2. How tall is your teacher?
3. What's the temperature today?
4. What will the temperature be tomorrow?
5. How much water do you drink every day (litres)?
6. How much does your electricity bill cost?
7. How much sugar do you need to make a cake?
8. What's the volume of a pint of milk (ml)?
9. How much does an elephant weigh?
10. What's the temperature at the North Pole?

Homework

Learn the spellings of the following words:

1	Pounds	7	Centigrade
2	Pence	8	Grams
3	Millilitres	9	Weight
4	Kilograms	10	Temperature
5	Centimetre	11	Volume
6	Degrees	12	height