

2.3 READING and VOCABULARY What can you do with an egg?

I can find specific detail in a blog entry and talk about preparing food.

OLLIE
the teenage chef

What can you do with an EGG?

There are lots of great recipes with eggs. You can beat them with salt and pepper and make scrambled eggs. You can fry them in oil and have them for breakfast with bacon – it's not good for you, but it's delicious! You can boil an egg in water and eat it with toast. It's great and a boiled egg only has seventy-two calories! There's a fantastic Italian pasta meal with eggs: spaghetti carbonara. It's 'delizioso'! There are delicious egg desserts too: you can bake a cake or make a chocolate mousse.

I'm from London but my favourite egg recipe isn't English; it's Spanish omelette. It's very easy. The ingredients are potatoes (500 grams), one large onion, six eggs, oil, salt and pepper. Cut up the potatoes and onion and fry them in oil. Then beat the eggs in a bowl with a fork. Add the potatoes, onion, salt and pepper. Cook it in a frying pan with some oil. Then use a plate to turn the omelette over and cook the other side. Olé!











1

Study the Vocabulary box. Match the words with A–F in the photos.

Vocabulary	Cooking	
A bowl	frying pan	plate
fork	pepper	salt

2

1.35 Read the text and answer the questions.

1 Which egg recipe is not very good for you?
2 What has seventy-two calories?
3 What nationality is Ollie?
4 How many eggs are there in the recipe for Spanish omelette?
5 How many ideas for cooking eggs are there in the text?

a- a boiled egg
b- seven
c- English
d- Fried eggs
d- six

3

LIVEWORKSHEETS

Complete the phrases with the highlighted verbs in the text.

1 *boil* water
2 *bake* a cake
3 _____ an onion
4 _____ an egg
5 _____ salt
6 _____ potatoes

4

Complete the recipe with words from Exercises 2 and 4.

Egg-mayo sandwich

Boil two eggs. Take off the shells and put the eggs in a 1**b**_____. 2**C**_____ up a small onion. Use a 3**f**_____ to mix the onion with the eggs. 4**A**_____ salt and mayonnaise. Put two slices of bread on a 5**p**_____ and add the egg-mayo mixture. Enjoy!

5

Look at the photos and complete the words.



1 bo w l



2 p_____



3 f_____



4 f_____ p_____



5 s_____



6 p_____

6

LIVEWORKSHEETS

WORD FRIENDS **Complete the sentences with the verbs below.**

add bake beat boil cut fry

1 Beat two eggs in a bowl.
2 _____ some salt and pepper.
3 _____ the cake for twenty minutes.
4 _____ the water and then add the pasta.
5 _____ up the onion and _____ it in the oil.

LIVEWORKSHEETS